

Mallow AC

19 March 2012

Kostal Ireland 10 mile Road Race

Position	Number	Time	Name	Club	M/F	Category	Pace
1	866	52:35	O'SHEA, Alan	BANTRY AC	M	MS	05:15:30
2	174	52:43	CONROY, Martin	BALLINA AC	M	MS	05:16:18
3	1295	53:03	WAUGH, George	BANDON AC	M	MS	05:18:18
4	1005	53:35	SOSNOWSKI, Wieslaw	EAGLE	M	MS	05:21:30
5	272	53:57	DOODY, Martin	LIMERICK AC	M	MS	05:23:42
6	416	54:04	HARTY, Philip	DONORE HARRIERS	M	MS	05:24:24
7	1293	54:20	O'CONNELL, Cathal	ST FINBARRS	M	M45	05:26:00
8	51	54:56	BRENNAN, Eoin	TALLAGHT AC	M	MS	05:29:36
9	1064	54:58	WILMOT, Kevin	BANDON AC	M	MS	05:29:48
10	1270	55:10	SMITH, Danny	BALLYNONTY AC	M	MS	05:31:00
11	1016	55:38	TANAKA, Sho	N/A Cork	M	MS	05:33:48
12	655	55:46	MOORE, Colm	LEEVALE AC	M	MS	05:34:36
13	1309	56:37	YELVERTON, Mike	NEWPORT	M	MS	05:39:42
14	893	56:45	O'SULLIVAN, Rory	ST FINBARRS AC	M	MS	05:40:30
15	941	56:57	RICHARDSON, David	WEST LIMERICK A.C.	M	MS	05:41:42
16	1193	57:07	GUINA, Gerard	WEST LIMERICK	M	MS	05:42:42
17	1145	57:18	MANGAN, Simon	GNEVEGUILLA AC	M	MS	05:43:48
18	547	57:25	LIDDANE, James	OLYMPIC HARRIERS	M	MS	05:44:30
19	1144	57:37	SIMCOX, Shane	MALLOW AC	M	MS	05:45:42
20	661	58:03	MORGAN, Michael	ST FINBARRS CORK	M	MS	05:48:18
21	1140	58:04	MURPHY, Sean	TRIM AC	M	M40	05:48:24
22	1279	58:24	MCCARTHY, Martin	WEST WATERFORD	M	M50	05:50:24
23	232	58:32	CUNNINGHAM, Mike Curley	BILBOA AC	M	M45	05:51:12
24	959	58:53	RYAN, David	CLONMEL A.C	M	MS	05:53:18
25	288	58:54	DUNNE, Denis	EAGLE AC	M	MS	05:53:24
26	1166	58:55	MANNING, Lorraine	RAHENY SHAMROCKS	F	FS	05:53:30
27	522	58:56	KEOHANE, Don	EAGLE AC	M	M45	05:53:36
28	616	59:01	MCCANN, Angela	CLONMEL AC	F	F40	05:54:06
29	1094	59:03	BLACKBURN, Thomas	MOREABBAY MILERS	M	M45	05:54:18
30	303	59:16	FALCONER, Tommy	CARRICK-ON-SUIR AC	M	MS	05:55:36
31	1043	59:22	WALSH, Jeremy	TOGHER	M	MS	05:56:12
32	230	59:27	CUNNINGHAM, David	WATERFORD AC	M	MS	05:56:42
33	1046	59:28	WALSH, Joe	YOUGHAL AC	M	MS	05:56:48
34	427	59:30	HEAGNEY, Ambrose	KILNABOY AC	M	M45	05:57:00
35	1036	59:31	WALL, Fergus	BANDON AC	M	M45	05:57:06
36	143	59:32	CLEARY, Barbara	N/A Dublin 18	F	F35	05:57:12
37	1058	59:33	WEIR, Finlay	WATERFORD AC	M	M40	05:57:18
38	684	59:33	MURPHY, Aj	MIDLETON AC	M	M45	05:57:18
39	1101	59:36	MACKLIN, Steven	TOGHER	M	MS	05:57:36
40	886	59:41	O'SULLIVAN, Johnny	GALTEE RUNNERS	M	M40	05:58:06
41	688	59:46	MURPHY, Barry	WEST LIMERICK	M	MS	05:58:36
42	492	59:47	KELLEHER, Paul	MACROOM	M	MS	05:58:42
43	811	59:50	O'KEEFE, Derek	EAGLE AC	M	MS	05:59:00
44	881	59:53	O'SULLIVAN, Gary	N/A Carraig Na Bhfear	M	M40	05:59:18
45	579	59:54	LYONS, Paddy	TALLAGHT AC	M	MS	05:59:24
46	147	59:55	COFFEY, Joe	N/A	M	M40	05:59:30
47	168	1:00:03	COMBER, David	LEEVALE AC	M	MS	00:06:00
48	469	1:00:12	JOHNSON, Kevin	WEST LIMERICK AC	M	MS	00:06:01
49	1012	1:00:23	SUGRUE, Eoin	N/A Banteer	M	MS	00:06:02
50	827	1:00:28	O'MAHONY, Denis	LEEVALE	M	MS	00:06:03
51	1068	1:00:28	WOLFE, Mark	N/A Waterfall	M	M40	00:06:03
52	237	1:00:29	CURTIN, Martin	ST FINBARRS	M	MS	00:06:03
53	906	1:00:31	PHILLIPS, Robin	WESTBURY HARRIERS	M	MS	00:06:03
54	1304	1:00:35	O'BRIEN, Tommy	RIOCHT	M	MS	00:06:03
55	1298	1:00:44	TURNER, Colm	LIMERICK AC	M	MS	00:06:04
56	750	1:00:46	O'BRIEN, Martin	YOUGHAL AC	M	M45	00:06:05
57	532	1:00:49	KISSANE, John	N/A Cork	M	M40	00:06:05
58	1269	1:00:57	KEARNS, Dermott	DOONEEN	M	M40	00:06:06
59	273	1:00:58	DORGAN, Ian	EAGLE AC	M	MS	00:06:06
60	540	1:00:58	LEAHY, Tom	WEST WATERFORD AC	M	MS	00:06:06
61	1215	1:01:04	KELLY, Cathal	ST FINBARRS	M	M40	00:06:06
62	441	1:01:05	HIGGINS, Ross	IVERAGH	M	MS	00:06:07
63	424	1:01:18	HAYES, Martin	WEST WATERFORD AC	M	M45	00:06:08
64	718	1:01:19	MURRAY, George	NORTH CORK AC	M	MS	00:06:08
65	112	1:01:19	CAMBRIDGE, Tony	EAGLE AC	M	M45	00:06:08
66	558	1:01:21	LONG, Brian	CLONMEL AC	M	MS	00:06:08
67	141	1:01:26	CLANCY, Michael	MALLOW AC	M	MS	00:06:09
68	1133	1:01:29	COLLINS, Kieran	LEEVALE	M	MS	00:06:09
69	571	1:01:33	LYNCH, Micheal	LEEVALE AC	M	MS	00:06:09
70	1277	1:01:50	DWYER, Michael	WEST WATERFORD	M	M40	00:06:11
71	807	1:01:52	O'HERLIHY, Colin	EAGLE AC	M	M40	00:06:11
72	995	1:01:54	SHEEHAN, Tom	BANDON AC	M	M45	00:06:11
73	447	1:01:58	HOLLAND, Ann Marie	EAGLE AC	F	F35	00:06:12
74	598	1:02:10	MARTIN, Laurence	CLONMEL AC	M	MS	00:06:13
75	1203	1:02:14	BERMINGHAM, James	NONE	M	MS	00:06:13

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Kostal Ireland 10 mile Road Race

Position	Number	Time	Name	Club	M/F	Category	Pace
76	500	1:02:14	KELLY, Ian	WEST LIMERICK AC	M	MS	00:06:13
77	525	1:02:15	O'LOUGHLIN, Ger	CLONMEL	M	M40	00:06:14
78	637	1:02:17	MCGRATH, Grellan	EAGLE AC	M	M45	00:06:14
79	136	1:02:27	CASEY O'SHEA, Michael	LIMERICK TRIATHLON CLUB	M	MS	00:06:15
80	563	1:02:34	LOONEY, Aidan	N/A Cork	M	MS	00:06:15
81	116	1:02:43	CANTWELL, Gerry	WEST WATERFORD A.C.	M	M50	00:06:16
82	1189	1:02:45	RYAN, Keith	THURLES CROKES	M	MS	00:06:16
83	269	1:02:48	DOLLARD, Glenn	ST. FINBARR'S AC	M	MS	00:06:17
84	265	1:02:49	DEWBERRY, Johann	KCH	M	MS	00:06:17
85	567	1:02:50	LUCEY, Micheal	CORK GARDA	M	M40	00:06:17
86	1107	1:03:01	LYNCH, Kevin	KERRY CRUSADERS	M	MS	00:06:18
87	1143	1:03:06	MURPHY, Seamus	GNEEVUILLA AC	M	M40	00:06:19
88	157	1:03:07	COLLINS, Gary	WEST WATERFORD AC	M	MS	00:06:19
89	773	1:03:11	O'CONNOR, Kealan	BLACKWATER TRI CLUB	M	MS	00:06:19
90	731	1:03:12	NI CHONCHUIR, Sinead	EAGLE	F	F40	00:06:19
91	386	1:03:13	GRIFFIN, Ger	BILBOA AC	M	M50	00:06:19
92	791	1:03:14	O'DWYER, Brian	N/A Kilkenny	M	MS	00:06:19
93	362	1:03:17	GEARY, Kevin	EAGLE AC	M	MS	00:06:20
94	1278	1:03:24	O'CALLAGHAN, John	EAGLE AC	M	M40	00:06:20
95	741	1:03:26	O'BRIEN, Alan	N/A Ballincollig	M	MS	00:06:21
96	283	1:03:27	GRANT, Pat	WATERFORD A.C.	M	MS	00:06:21
97	986	1:03:34	SHANAHAN, Paul	NAVY AC	M	M40	00:06:21
98	808	1:03:36	O'HERLIHY, Niall	ST FINBARRS	M	MS	00:06:22
99	948	1:03:39	ROCHE, Tracey	DOONEEN AC	F	FS	00:06:22
100	444	1:03:40	HOGAN, David	KILKENNY CITY HARRIERS	M	MS	00:06:22
101	1130	1:03:45	O'SULLIVAN, Sean	NONE	M	MS	00:06:22
102	612	1:03:48	MCAULIFFE, Mike	KILFINANE AC	M	M40	00:06:23
103	666	1:03:49	MOYLAN, Brendan	SPORTSWORLD	M	MS	00:06:23
104	190	1:03:53	COSTELLOE, Annameria	GNEEVUILLA	F	FS	00:06:23
105	121	1:04:00	CAREY, Richie	N/A Turners Cross	M	MS	00:06:24
106	1041	1:04:02	WALSH, Corinna	WEST WATERFORD AC	F	F35	00:06:24
107	819	1:04:03	O'LEARY, Michael	N/A Grenagh	M	MS	00:06:24
108	1300	1:04:04	BARRY, Fergal	GNEEVUILLA AC	M	MS	00:06:24
109	227	1:04:06	CULLEN, Derek	WEST LIMERICK	M	M40	00:06:25
110	1149	1:04:06	MANGAN, Stephen	NONE	M	MS	00:06:25
111	10	1:04:08	ASPEL, Brendan	WATERFORD AC	M	M40	00:06:25
112	682	1:04:08	MURNANE, Christopher	N/A Cork	M	MS	00:06:25
113	464	1:04:08	IRWIN, Patrick	KILFINANE AC	M	MS	00:06:25
114	314	1:04:09	FIELD, Eoin	ST FINBARRS	M	MS	00:06:25
115	985	1:04:10	SHANAHAN, Niall	N/A Co. Limerick	M	MS	00:06:25
116	1170	1:04:12	DALY, Paul	EAGLE AC	M	M40	00:06:25
117	487	1:04:13	KELLEHER, Denis	MIDLETON A/C	M	M45	00:06:25
118	30	1:04:13	BEECHER, Denis	N/A Ballyhooly	M	MS	00:06:25
119	1232	1:04:15	O'CONNOR, Brian	GRANGE ATHLETIC CLUB	M	MS	00:06:26
120	245	1:04:16	DALY, Noel	MALLOW AC	M	MS	00:06:26
121	426	1:04:16	HAYES, Willie	ST FINBARRS AC	M	M55	00:06:26
122	1266	1:04:17	KELLEHER, Alan	NONE	M	MS	00:06:26
123	1060	1:04:18	WHYTE, Robert	AN RIOCHT	M	M40	00:06:26
124	1236	1:04:22	O'DWYER, Finbarr	CORK	M	MS	00:06:26
125	259	1:04:26	DESMOND, John	EAGLE AC	M	M45	00:06:27
126	1066	1:04:31	WILMOTT, Gary	WEST LIMERICK AC	M	MS	00:06:27
127	1210	1:04:32	PHILLIPS, Billy	THURLES CROKES	M	MS	00:06:27
128	132	1:04:34	CASEY, Garrett	N/A	M	MS	00:06:27
129	337	1:04:35	FLANNELLY, Brian	BILBOA AC	M	MS	00:06:28
130	282	1:04:35	DUCHNICK, Adam	MIDLETON A.C.	M	MS	00:06:28
131	672	1:04:38	MULCAHY, Kieran	MIDLETON AC	M	M40	00:06:28
132	271	1:04:38	DOLPHIN, Michael	MIDLETON AC	M	MS	00:06:28
133	779	1:04:40	O'CONNOR, Pat	EAGLE AC	M	M40	00:06:28
134	1163	1:04:41	KELLEHER, James	NONE	M	M50	00:06:28
135	498	1:04:41	KELLY, Donal	N/A Killarney	M	MS	00:06:28
136	1015	1:04:47	SWEENEY, Mary	ST FINBARRS A.C.	F	F50	00:06:29
137	31	1:04:48	BEECHER, John	GALTEE RUNNERS AC	M	MS	00:06:29
138	204	1:05:01	CREED, Michael	N/A Cork	M	MS	00:06:30
139	72	1:05:02	BUCKLEY, Aidan	MALLOW AC	M	MS	00:06:30
140	1096	1:05:10	MURPHY, Colm	NONE	M	M50	00:06:31
141	919	1:05:12	PURCELL, Pat	KCH	M	MS	00:06:31
142	203	1:05:13	CRAIG, David	BANDON AC	M	MS	00:06:31
143	768	1:05:21	O'CONNELL, William	N/A	M	M45	00:06:32
144	423	1:05:34	HAYES, Kevin	ST CATHERINES AC	M	MS	00:06:33
145	1104	1:05:35	FLEMING, James	WEST WATERFORD AC	M	M40	00:06:33
146	758	1:05:37	O'CALLAGHAN, Ruairi	KILFINANE AC	M	MS	00:06:34
147	701	1:05:40	MURPHY, John	N/A Ballymitty	M	M40	00:06:34
148	1074	1:05:43	ZAJAC, Patrick	MALLOW AC	M	MS	00:06:34
149	1284	1:05:44	SHELLEY, David	BALLYNONTY AC	M	MS	00:06:34
150	950	1:05:45	ROE, Niamh	EAGLE AC	F	FS	00:06:35

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Position	Number	Time	Name	Club	M/F	Category	Pace
151	529	1:05:47	KILMARTIN, Michael	N/A Mallow	M	M40	00:06:35
152	186	1:05:48	CORRIGAN, Anthony	SOUTH O'HANLON AC	M	MS	00:06:35
153	1296	1:05:48	BURKE, James	BILBOA	M	M40	00:06:35
154	442	1:05:49	HILL, Frank	N/A Kinsale	M	M45	00:06:35
155	1206	1:05:51	FITZGERALD, Pat	WEST WATERFORD	M	MS	00:06:35
156	945	1:05:57	RIORDAN, Dick	NORTH CORK	M	M40	00:06:36
157	541	1:05:59	LEE, Kenneth	ROCHESTOWN	M	M40	00:06:36
158	363	1:06:01	GEDEN, Matthew	RIVERSTICK KINSALE	M	M45	00:06:36
159	553	1:06:03	LINEHAN, Michael	N/A Blarney	M	M40	00:06:36
160	1199	1:06:05	MURPHY, Kieran	NONE	M	MS	00:06:36
161	1033	1:06:13	VEALE, James	WEST WATERFORD ATHLETIC CLUB	M	M50	00:06:37
162	327	1:06:20	FITZGERALD, John	GRANGE FERMOY AC	M	M45	00:06:38
163	636	1:06:23	MCGRATH, Eoin	CLONMEL AC	M	MS	00:06:38
164	1030	1:06:25	TWOMEY, Pat	EAGLE A.C.	M	M60	00:06:39
165	885	1:06:26	O'SULLIVAN, John	ST FINBARRS	M	MS	00:06:39
166	150	1:06:29	COFFEY, Sheamus	N/A Midleton	M	MS	00:06:39
167	101	1:06:33	BYRNE, Eddie	EAGLE AC	M	M45	00:06:39
168	595	1:06:36	MANUEL, Philip	LIMERICK TRIATHLON CLUB	M	MS	00:06:40
169	870	1:06:37	O'SHEA, Geraldine	ST FINBARRS AC	F	F40	00:06:40
170	638	1:06:40	MCGRATH, Mike	EAGLE AC	M	M50	00:06:40
171	1285	1:06:41	SHELLEY, Kevin	BALLYNONTY AC	M	MS	00:06:40
172	459	1:06:43	HOWELL, David	N/A Mallow	M	MS	00:06:40
173	127	1:06:43	CARROLL, Eamonn	ST FINBARRS	M	M45	00:06:40
174	225	1:06:47	CROWLEY, Timmy	N/A Mitchlestown	M	MS	00:06:41
175	1248	1:06:51	COFFEY, Philip	CARRIG NA BHFEAR AC	M	M40	00:06:41
176	696	1:06:53	MURPHY, Esther	ST FINBARRS	F	F35	00:06:41
177	936	1:06:55	REIDY, Ian Michael	N/A	M	MS	00:06:42
178	1283	1:06:56	KILTY, Colin	NONE	M	MS	00:06:42
179	124	1:06:58	CARR, Brian	LEEVALE	M	MS	00:06:42
180	472	1:06:58	KAVANAGH, Brian	LEEVALE	M	MS	00:06:42
181	678	1:06:59	MULLINS, Mike	NORTH CORK AC	M	M45	00:06:42
182	102	1:07:06	BYRNE, John	N/A Clonsilla	M	MS	00:06:43
183	1165	1:07:11	KENT, Barry	NONE	M	MS	00:06:43
184	565	1:07:12	LOUGHNANE, Madeline	THURLES CROKES	F	F5	00:06:43
185	803	1:07:13	O'HANLON, Colman	MALLOW AC	M	MS	00:06:43
186	799	1:07:13	O'FLYNN, Ted	ST FINBARRS	M	M50	00:06:43
187	294	1:07:13	EDWARDS, Kevin	RIVERSTICK KINSALE	M	M40	00:06:43
188	615	1:07:13	MCBRIDE, Michael	ENNIS TRACK	M	M45	00:06:43
189	830	1:07:17	O'MAHONY, Kieran	LEEVALE AC	M	MS	00:06:44
190	1238	1:07:20	LYNCH, Kieran	NONE	M	MS	00:06:44
191	572	1:07:21	LYNCH, Stephen	N/A Douglas	M	MS	00:06:44
192	425	1:07:22	HAYES, Michael	TRAMORE AC	M	MS	00:06:44
193	1146	1:07:23	MULLIGAN, Andrew	CARRICK TRI CLUB	M	MS	00:06:44
194	823	1:07:29	OMAHONY, Colin	N/A Co Cork	M	M40	00:06:45
195	75	1:07:31	BUCKLEY, Colman	N/A Mallow	M	MS	00:06:45
196	126	1:07:31	CARROLL, Denis	EAGLE AC	M	M50	00:06:45
197	313	1:07:32	FENTON, Vanessa	3DTRIATHLON	F	F35	00:06:45
198	1212	1:07:40	BYCZEK, Stanislaw	MIDLETON	M	M50	00:06:46
199	1069	1:07:40	WOODS, Sharon	MALLOWAC	F	F35	00:06:46
200	772	1:07:47	O'CONNOR, Johnny	WESTWATERFORD ATHLETIC	M	M40	00:06:47
201	1282	1:07:48	VAUGHAN, Val	ST FINBARRS	F	FS	00:06:47
202	898	1:07:52	O'TOOLE, Paul	ST FINBARRS A.C.	M	M45	00:06:47
203	1126	1:07:53	O'SULLIVAN, Noel	NONE	M	M45	00:06:47
204	1105	1:07:53	RICKARD, George	MALLOW AC	M	MS	00:06:47
205	924	1:07:53	QUINLAN, Fergal	COBH AC	M	M40	00:06:47
206	793	1:07:55	O'DWYER, Michael	N/A Kilkenny	M	M40	00:06:48
207	707	1:07:56	MURPHY, Mick	MIDLETON A/C	M	M40	00:06:48
208	869	1:07:58	O'SHEA, Feargal	N/A Cork	M	MS	00:06:48
209	1098	1:08:01	WALSH, Eddie	NONE	M	M40	00:06:48
210	700	1:08:05	MURPHY, Joe	EAGLE A.C.	M	M55	00:06:48
211	798	1:08:08	O'FLAHERTY, Nigel	CLONMEL AC	M	MS	00:06:49
212	56	1:08:11	BRICE, Brendan	EAST CORK AC	M	M40	00:06:49
213	200	1:08:16	COTTER, Paul	N/A Glanmire	M	MS	00:06:50
214	1112	1:08:18	MCCARTHY, Darren	NAAS TRI CLUB	M	MS	00:06:50
215	561	1:08:19	LONG, Simon	N/A Coachford	M	MS	00:06:50
216	1067	1:08:19	WOLFE, Anne	ST FINBARRS	F	F40	00:06:50
217	244	1:08:23	DALY, Michael	CARRAIG NA BHFEAR A.C.	M	MS	00:06:50
218	735	1:08:25	O BRIEN, Richard	N/A Killarney	M	MS	00:06:50
219	100	1:08:26	BYRNE, Eamonn	N/A Mungret	M	M40	00:06:51
220	712	1:08:29	MURPHY, Thomas	N/A Cork	M	MS	00:06:51
221	1164	1:08:31	MCEVOY, Joe	NONE	M	M45	00:06:51
222	111	1:08:31	CAMBRIDGE, Graham	N/A City	M	MS	00:06:51
223	633	1:08:32	MCCELLIGOTT, Bernard	JIMMY O BRIEN	M	M40	00:06:51
224	1240	1:08:33	MURPHY, Patrick	TOGHER AC	M	MS	00:06:51
225	325	1:08:35	FITZGERALD, Colm	N/A Ovens	M	MS	00:06:51

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226	544	1:08:37	LENNON, Siobhan	ENNIS TRACK ATHLETIC CLUB	F	F40	00:06:52
227	167	1:08:40	COLLINS, Trevor	NAAS	M	M5	00:06:52
228	800	1:08:42	O'GRADY, Ann Marie	KCH	F	FS	00:06:52
229	877	1:08:43	O'SULLIVAN, Denis	N/A Midleton	M	M45	00:06:52
230	1267	1:08:44	KELLEHER, Brian	NONE	M	M5	00:06:52
231	958	1:08:45	RYAN, Billy	N/A Dublin 8	M	M5	00:06:52
232	1318	1:08:50	KENNEDY, Cian	EAGLE	M	M5	00:06:53
233	164	1:08:52	COLLINS, Niall	PORTLAOISE	M	M5	00:06:53
234	81	1:08:55	BUCKLEY, Michael	N/A Co. Cork	M	M5	00:06:53
235	1007	1:08:57	SPITERI, Paul	MIDLETON AC	M	M5	00:06:54
236	184	1:08:58	CORCORAN, Michael	EAGLE	M	M5	00:06:54
237	367	1:08:59	GILMARTIN, Paul	N/A Crecora	M	M45	00:06:54
238	1181	1:09:04	O'SULLIVAN, Mike	NONE	M	M5	00:06:54
239	1273	1:09:05	TOBIN, Maurice	GRANGE FERMOY AC	M	M50	00:06:55
240	1241	1:09:05	DENNEHY, Aidan	NONE	M	M5	00:06:55
241	825	1:09:05	O'MAHONY, Brendan	GRANGE-FERMOY A.C.	M	M40	00:06:55
242	582	1:09:06	MACKAY, Neil	EAGLE AC	M	M40	00:06:55
243	922	1:09:07	QUIGLEY, Aoife	CRUSADERS AC	F	FS	00:06:55
244	34	1:09:08	BIRMINGHAM, Padraic	MALLOW AC	M	M40	00:06:55
245	821	1:09:09	O'LEARY, Ted	WEST WATERFORD AC	M	M40	00:06:55
246	814	1:09:12	O'KEEFE, Kenneth	MIDLETON AC	M	M40	00:06:55
247	847	1:09:12	O'REGAN, Cormac	ST FINBARRS A.C.	M	M5	00:06:55
248	356	1:09:15	GALVIN, Edmond	ST CATHERINE'S AC	M	M40	00:06:56
249	659	1:09:17	MORAN, Aisling	UCC	F	FS	00:06:56
250	403	1:09:17	HANLEY, Shane	GALTEE RUNNERS	M	M5	00:06:56
251	1152	1:09:22	MCCARTHY, Keith	NONE	M	M5	00:06:56
252	1136	1:09:23	NUGENT, Ronan	NONE	M	M5	00:06:56
253	317	1:09:26	FINN, Sean	CORK TRI CLUB	M	M45	00:06:57
254	378	1:09:28	GOULDING, Donal	NAVY AC	M	M45	00:06:57
255	286	1:09:28	DUGGAN, Loretto	ST.MARY'S AC	F	F35	00:06:57
256	292	1:09:29	DUNPHY, John	EAGLE A.C.	M	M40	00:06:57
257	133	1:09:31	CASEY, John	GALTEE RUNNERS	M	M50	00:06:57
258	36	1:09:31	BOAG, Kevin	MALLOW	M	M50	00:06:57
259	503	1:09:32	KELLY, Ray	MALLOW AC	M	M5	00:06:57
260	1125	1:09:35	KELLY, Alan	MIDLETON AC	M	M40	00:06:58
261	98	1:09:38	BYRD, Charlie	KOSTAL	M	M45	00:06:58
262	145	1:09:38	CLIFFE, Mark	WEST WATERFORD A.C.	M	M5	00:06:58
263	1122	1:09:40	SULLIVAN, Kevin	TRALEE JOGGERS	M	M45	00:06:58
264	206	1:09:40	CREEDON, Stephen	MALLOW AC	M	M5	00:06:58
265	258	1:09:42	DESMOND, Fionnuala	LEEVALE	F	F40	00:06:58
266	1026	1:09:43	TUOHY, Teresa	BILBOA A.C.	F	F50	00:06:58
267	214	1:09:44	CRONIN, Niamh	ST. FINBARR'S A.C.	F	F35	00:06:58
268	1306	1:09:43	GOGGIN, Derek	GLENVILLE	M	M5	00:06:59
269	917	1:09:48	PRENDERGAST, Karen	N/A Cork City	F	FS	00:06:59
270	573	1:09:52	LYNCH, Tadhg Og	EAGLE A.C.	M	M5	00:06:59
271	1085	1:09:53	O'CONNOR, John Joe	NONE	M	M40	00:06:59
272	604	1:09:54	MC AULIFFE, Stephen	N/A Mallow	M	M45	00:06:59
273	1252	1:09:56	HESSION, Patrick	CARRIG NA BHFEAR AC	M	M5	00:07:00
274	695	1:09:59	MURPHY, Eoin	MIDLETON CTC	M	M40	00:07:00
275	28	1:10:05	BARRY, Thomas	YOUGHAL ATHLETIC CLUB	M	M5	00:07:01
276	1057	1:10:06	WATSON, Karol	MIDLETON AC	M	M5	00:07:01
277	79	1:10:08	BUCKLEY, John Paul	MILLSTREET	M	M5	00:07:01
278	446	1:10:09	HOGAN, William	BANDON AC	M	M5	00:07:01
279	1171	1:10:10	O'SULLIVAN, Sean	MIDLETON AC	M	M40	00:07:01
280	846	1:10:11	O'REGAN, Billy	GRANGE FERMOY AC	M	M45	00:07:01
281	581	1:10:12	MAC PARTHALAIN, Cian	NAVY AC	M	M5	00:07:01
282	1231	1:10:15	KNOWLES, Eddie	CLON RR	M	M5	00:07:01
283	421	1:10:16	HAYES, Eamon	ST. FINBARRS AC	M	M5	00:07:02
284	591	1:10:16	MANNING, Neil	NAVY AC	M	M5	00:07:02
285	527	1:10:20	GUIRY, Dennis	DONOUGHMORE	M	M40	00:07:02
286	1302	1:10:22	BARRY, Nora	NONE	F	F45	00:07:02
287	770	1:10:23	FITZGERALD, Paul	ST FINBARRS	M	M5	00:07:02
288	626	1:10:23	MCCARTHY, Robert	GRANGE FERMOY AC	M	M5	00:07:02
289	177	1:10:23	CONWAY, Paul	N/A Shannon	M	M5	00:07:02
290	1220	1:10:25	BARRY, Caitriona	FARRANFORE MAINE VALLEY	F	F35	00:07:03
291	1135	1:10:25	HICKEY, Kim	PULSE TRI CLUB	F	FS	00:07:03
292	863	1:10:25	O'ROURKE, Orla	N/A Cobh	F	F45	00:07:03
293	1272	1:10:27	SUGRUE, Paul	NONE	M	M40	00:07:03
294	248	1:10:28	DAVEY-FITZGERALD, Lorna	MALLOW AC	F	FS	00:07:03
295	989	1:10:29	SHEEHAN, Colm	MALLOW AC	M	M40	00:07:03
296	201	1:10:31	COTTER, Paul	EAGLE AC	M	M50	00:07:03
297	210	1:10:34	CRONIN, Denis	MALLOW AC	M	M45	00:07:03
298	260	1:10:36	DEVEREAUX, Stephen	YOUGHAL AC	M	M45	00:07:04
299	1305	1:10:36	RUSSELL, Sam	NONE	M	M5	00:07:04
300	17	1:10:37	BARRETT, Louise	CLONMEL AC	F	FS	00:07:04

Mallow AC

19 March 2012

Kostal Ireland 10 mile Road Race

Position	Number	Time	Name	Club	M/F	Category	Pace
301	389	1:10:43	GROGAN, Declan	N/A Carrigaline	M	MS	00:07:04
302	178	1:10:50	COOKE, Katie	WEST CORK TRI CLUB	F	FS	00:07:05
303	1253	1:10:50	O'BRIEN, Tom	NONE	M	M40	00:07:05
304	938	1:10:52	REILLY, Gerry	N/A Innishannon	M	M45	00:07:05
305	944	1:10:54	RING, Pascal	MALLOW AC	M	M40	00:07:05
306	1219	1:10:55	RALPH, Gerry	DUNDRUM AC	M	M55	00:07:05
307	640	1:10:56	MCGUIRE, Brian	EAGLE AC	M	M40	00:07:06
308	445	1:10:56	HOGAN, John	MALLOW AC	M	MS	00:07:06
309	109	1:11:04	CAHILL, Seamus	RIVERSTICK/KINSALE	M	M45	00:07:06
310	664	1:11:04	MOTHERWAY, David	N/A Middleton	M	MS	00:07:06
311	67	1:11:06	O'REILLY, Brian	LARAGH AC	M	M50	00:07:07
312	253	1:11:08	DENN, James	N/A Clonmel	M	MS	00:07:07
313	270	1:11:10	DOLLARD, John	N/A Kilbrittain	M	MS	00:07:07
314	148	1:11:11	COFFEY, Pat	CLONMEL A.C	M	M45	00:07:07
315	878	1:11:16	O'SULLIVAN, Dermot	MALLOW	M	M40	00:07:08
316	29	1:11:16	BATES, Ed	N/A Kilworth	M	M40	00:07:08
317	776	1:11:17	O'CONNOR, Mark	MALLOW	M	MS	00:07:08
318	332	1:11:18	FITZGIBBON, Clotilde	GRANGE FERMOY AC	F	F40	00:07:08
319	1049	1:11:21	WALSH, Mark	MIDDLETON AC	M	M50	00:07:08
320	375	1:11:24	GORMAN, Colie	MALLOW AC	M	MS	00:07:08
321	523	1:11:29	KIDNEY, Brendan	BALLYMORE COBH	M	MS	00:07:09
322	848	1:11:30	O'REGAN, Frank	KOSTAL	M	M40	00:07:09
323	820	1:11:30	O'LEARY, Shane	N/A Tuam	M	MJ	00:07:09
324	321	1:11:30	FINNEGAN, Timothy	MALLOW AC	M	M45	00:07:09
325	137	1:11:33	CHAMBERS, Elton	N/A Cork	M	MS	00:07:09
326	194	1:11:34	COTTER, Gillian	ST FINBARRS AC	F	F35	00:07:09
327	777	1:11:40	O'CONNOR, Mary	AN RIOCHT	F	F40	00:07:10
328	149	1:11:41	COFFEY, Patrick	N/A Tramore	M	MS	00:07:10
329	1197	1:11:42	PEARSE, Leonard	LIMERICK TRI	M	M40	00:07:10
330	726	1:11:43	NAGY, Csaba	N/A Cork City	M	M45	00:07:10
331	413	1:11:45	HARRINGTON, Paul	ST FINBARRS	M	MS	00:07:10
332	290	1:11:45	DUNNE, Michael	N/A Blarney	M	M65	00:07:10
333	646	1:11:48	MCMANARA, Jim	DONORE HARRIERS	M	M70	00:07:11
334	235	1:11:48	CURLEY, Anne	DONORE HARRIERS	F	F40	00:07:11
335	1183	1:11:52	CASEY, Donal	NONE	M	MS	00:07:11
336	1128	1:11:53	BRICK, William	NONE	M	MS	00:07:11
337	87	1:11:53	BULMAN, George	YOUGHAL AC	M	M50	00:07:11
338	408	1:11:54	HARNEY, Ken	YOUGHAL AC	M	M40	00:07:11
339	647	1:11:57	MCMANARA, Patsy	N/A Mitchelstown	M	M40	00:07:12
340	910	1:11:58	POPE, Brian	EDWARD POPE MEMORIAL CLUB	M	MS	00:07:12
341	438	1:12:01	HICKEY, Cathal	BALLINCOLLIG AC	M	MS	00:07:12
342	391	1:12:02	GUINANE, Elaine	EAGLE AC	F	F35	00:07:12
343	896	1:12:07	O'SULLIVAN, Tony	N/A Macroom	M	MS	00:07:13
344	858	1:12:07	O'RIORDAN, Packie	WESTLIMERICK AC	M	M50	00:07:13
345	968	1:12:08	RYAN, Martina	THURLES CROKES	F	F40	00:07:13
346	745	1:12:11	O'BRIEN, Conor	BOARDS AC	M	MS	00:07:13
347	1070	1:12:14	WORMALD, Sophie	ST. FINBARRS	F	FS	00:07:13
348	795	1:12:16	O'FARRELL, Poy	N/A Cionakilly	M	M40	00:07:14
349	1211	1:12:25	CONNOLLY, Mark	CARRICK-ON-SUIR	M	M45	00:07:14
350	315	1:12:27	FINN, Deirdre	BORU TRI CLUB	F	F45	00:07:15
351	960	1:12:28	RYAN, Dermot	N/A London, E9 7Es	M	MS	00:07:15
352	691	1:12:32	MURPHY, Conor	N/A Kenmare	M	MS	00:07:15
353	1276	1:12:33	O'DONAVAN, John	SHANBALLYMORE	M	M45	00:07:15
354	138	1:12:38	CHOJAN, Matt	MIDDLETON A.C.	M	MS	00:07:16
355	276	1:12:41	DOWNEY, John	WEST WATERFORD	M	M40	00:07:16
356	1265	1:12:42	MURPHY, Chris	MILSTREET	M	M40	00:07:16
357	1250	1:12:44	STUTTE, Gary	DOONEEN	M	M55	00:07:16
358	783	1:12:47	O'DONOVAN, Chris	N/A Innishannon	M	M40	00:07:17
359	1201	1:12:48	CROWLEY, Noel	NONE	M	MS	00:07:17
360	125	1:12:48	CARROLL, Brian	CLONMEL AC	M	MS	00:07:17
361	382	1:12:49	GRANT, Karen	N/A Middleton	F	FS	00:07:17
362	1247	1:12:49	NICHOLSON, Edmond	YOUGHAL AC	M	MS	00:07:17
363	86	1:12:49	BUCKLEY, Tim Joe	DONOUGHMORE	M	M60	00:07:17
364	1202	1:12:50	BRADY, John	NORTH CORK	M	M55	00:07:17
365	33	1:12:51	BEREZNOCKENKO, Kastytis	N/A Cork	M	MS	00:07:17
366	1255	1:12:56	LYNCH, Niall	DOONEEN	M	MS	00:07:18
367	485	1:12:57	KELLEHER, Con	WATERFORD AC	M	M60	00:07:18
368	490	1:12:58	KELLEHER, Ide	MALLOW AC	F	F35	00:07:18
369	1077	1:13:01	HOLLAND, John	MALLOW AC	M	M60	00:07:18
370	1213	1:13:02	ENNIS, Michael	GRANGE FERMOY AC	M	M45	00:07:18
371	956	1:13:06	RUSSELL, David	N/A Crosshaven	M	M40	00:07:19
372	456	1:13:09	HORGAN, Timothy	N/A Kilarney	M	M55	00:07:19
373	1198	1:13:11	MAC DOMHNAILL, Carmel	WEST LIMERICK	F	F55	00:07:19
374	333	1:13:12	FITZGIBBONS, John	N/A	M	M45	00:07:19
375	744	1:13:12	O'BRIEN, Con	N/A Banteer	M	M60	00:07:19

Mallow AC

19 March 2012

Kostal Ireland 10 mile Road Race

Position	Number	Time	Name	Club	M/F	Category	Pace
376	1108	1:13:13	DEMPSEY, Siobhan	NONE	F	F40	00:07:19
377	587	1:13:14	MAHER, Noel	KILKENNY CITY HARRIERS	M	MS	00:07:19
378	1257	1:13:16	O'BRIEN, Ned	CLONMEL	M	M55	00:07:20
379	1127	1:13:17	O'FLAHERTY, Kieran	NONE	M	MS	00:07:20
380	1031	1:13:19	TWOMEY, Sean	N/A Dublin 6	M	MS	00:07:20
381	38	1:13:21	BOTNARI, Mariana	CIVIL SERVICE HARRIERS	F	FS	00:07:20
382	1119	1:13:23	MURPHY, Patrick	NONE	M	MS	00:07:20
383	43	1:13:23	BOYLE, Peter	N/A Doneraile	M	M55	00:07:20
384	1065	1:13:27	WILMOT, Will	EAGLES AC	M	MS	00:07:21
385	312	1:13:27	FENNESSY, Kevin	N/A Cork	M	MS	00:07:21
386	845	1:13:29	O'NEILL, Trevor	ST FINBARRS AC	M	MS	00:07:21
387	449	1:13:29	HOLLAND, Collette	EAGLE AC	F	F35	00:07:21
388	3	1:13:30	AHERNE, Barry	MIDLETON AC	M	MS	00:07:21
389	627	1:13:31	MCCARTHY, Tim	EAGLE AC	M	MS	00:07:21
390	535	1:13:36	LARKIN, Shane	LIMERICK TRI	M	MS	00:07:22
391	628	1:13:37	MCCARTHY, Tim	A FIT BODY GYM	M	M55	00:07:22
392	1246	1:13:39	GALLAGHER, Siobhan	ENNIS TRACK CLUB	F	F40	00:07:22
393	63	1:13:40	BROSNAN, Dermot	N/A Dublin	M	MS	00:07:22
394	179	1:13:41	COONEY, Kieran	DUBLIN FRONT RUNNERS	M	M45	00:07:22
395	103	1:13:48	BYRNE, Kevin	N/A Cork	M	MS	00:07:23
396	115	1:13:53	CANNON, William	CRAUGHWELL AC CO. GALWAY	M	MS	00:07:23
397	192	1:13:53	COTTER, Damien	N/A Castlemartyr	M	MS	00:07:23
398	775	1:13:54	CRONIN, Pat	CORK	M	MS	00:07:23
399	320	1:13:54	FINNEGAN, Richard	N/A Ringsend	M	MS	00:07:23
400	1195	1:13:55	MCGUINNESS, John	NONE	M	MS	00:07:24
401	537	1:13:56	LAWLOR, Eamonn	N/A Mallow	M	MS	00:07:24
402	649	1:13:57	MEEHAN, Ger	LIMERICK COUNTRY CLUB AC	M	M50	00:07:24
403	526	1:13:58	KIELY, Diarmuid	N/A Blarney	M	MS	00:07:24
404	818	1:13:59	O'LEARY, David	MIDLETON	M	MS	00:07:24
405	805	1:14:03	O'HANLON, Susan	DONOUGHMORE A.C.	F	FS	00:07:24
406	461	1:14:03	HURLEY, Martin	CARRAIG NA BHFEAR A.C.	M	M40	00:07:24
407	1264	1:14:06	MURPHY, Patrick	NONE	M	MS	00:07:25
408	352	1:14:08	FORREST, Richard	N/A Blarney	M	M40	00:07:25
409	1014	1:14:12	SWANTON, Finbarr	N/A Ballincollig	M	M45	00:07:25
410	983	1:14:14	SCHWIRZ, Laura	CRUSADERS AC	F	FS	00:07:25
411	829	1:14:24	O'MAHONY, Jim	MALLOW AC	M	M40	00:07:26
412	70	1:14:25	BRUNNOCK, Paul	WEST WATERFORD A.C.	M	M40	00:07:26
413	396	1:14:26	HACKETT, Alan	N/A Carrigaline	M	MS	00:07:27
414	340	1:14:27	FLYNN, Darren	GRANGE FERMOY AC	M	MS	00:07:27
415	660	1:14:31	MORAN, Frank	N/A Clonmel	M	MS	00:07:27
416	166	1:14:32	COLLINS, Paul	NAAS	M	MS	00:07:27
417	538	1:14:35	LEAHY, Brian	N/A Co. Cork	M	MS	00:07:28
418	521	1:14:36	KEOHANE, Anne	N/A Lehenaghmore	F	F35	00:07:28
419	1263	1:14:37	BOLSTER, Lorraine	MALLOW	F	FS	00:07:28
420	915	1:14:40	POWER, Jackie	CARRICK AC	F	FS	00:07:28
421	835	1:14:43	O'MAHONY, Roger	EAGLE AC	M	MS	00:07:28
422	74	1:14:44	BUCKLEY, Claire	N/A Co Cork	F	FS	00:07:28
423	592	1:14:45	MANNING, Sean	KILFINANE AC	M	M40	00:07:29
424	1160	1:14:45	MADIGAN, Seamus	NONE	M	M45	00:07:29
425	1179	1:14:47	CARROLL, Aoife	MALLOW AC	F	FS	00:07:29
426	118	1:14:49	CAREY, Emer	N/A Dublin 4	F	FS	00:07:29
427	923	1:14:50	QUIGLEY, John	EAGLE AC	M	M55	00:07:29
428	1258	1:14:50	KEELEY, Derek	CLONMEL	M	M40	00:07:29
429	879	1:14:51	O'SULLIVAN, Diarmuid	N/A Killorglin	M	M40	00:07:29
430	251	1:14:52	DEEGAN, Yvonne	N/A Limerick	F	F35	00:07:29
431	296	1:14:55	ELWELL, Phil	N/A Kilarney	M	M50	00:07:30
432	564	1:14:56	LOONEY, Denis	EAGLE A.C.	M	M40	00:07:30
433	836	1:14:56	O'MAHONY, Ruairi	APPLE	M	MS	00:07:30
434	865	1:14:57	O'SHAUGHNESSY, Shane	EAGLE AC	M	MS	00:07:30
435	26	1:14:58	BARRY, O'Brien	N/A Buttevant	M	MS	00:07:30
436	692	1:14:58	MURPHY, Donal	BORD GAIS BHAA	M	MS	00:07:30
437	871	1:15:02	O'SHEA, Paul	N/A Carrigaline	M	M45	00:07:30
438	450	1:15:03	HOLLAND, Diarmuid	MACROOM	M	MS	00:07:30
439	1223	1:15:04	MURPHY, Declan	DONOUGHMORE	M	MS	00:07:30
440	1167	1:15:04	CLEARY, Patrick	KERRY ORIENTEERS	M	M60	00:07:30
441	987	1:15:05	SHEEHAN, Adrian	N/A Blarney	M	M40	00:07:30
442	1053	1:15:08	WALSH, Sandra	N/A Grenagh	F	F40	00:07:31
443	1116	1:15:09	O'GRADY, Billy	CLONMEL	M	M45	00:07:31
444	850	1:15:11	O'REGAN, Graham	N/A Clonmel	M	MS	00:07:31
445	1083	1:15:11	O'CONNOR, Elaine	KERRY CRUSADERS	F	FS	00:07:31
446	468	1:15:14	JOHNSON, David	CLONMEL	M	M40	00:07:31
447	698	1:15:17	MURPHY, J.J.	WEST MUSKERRY	M	M50	00:07:32
448	673	1:15:20	MULLANE, Kieran	N/A Carrigaline	M	M45	00:07:32
449	58	1:15:23	BRICKLEY, Aidan	N/A Kilmallock	M	M50	00:07:32
450	520	1:15:27	KEOGH, Peter	LIMERICK COUNTRY CLUB	M	M40	00:07:33

Mallow AC

19 March 2012

Kostal Ireland 10 mile Road Race

Position	Number	Time	Name	Club	M/F	Category	Pace
451	813	1:15:29	O'KEEFE, Jim	N/A Cork	M	M50	00:07:33
452	24	1:15:29	BARRY, Mark	N/A Ballinhassig	M	MS	00:07:33
453	96	1:15:35	BYRD, Paul	N/A Cork	M	M5	00:07:33
454	778	1:15:36	O'CONNOR, Nuala	SPORTSWORLD	F	FS	00:07:34
455	1289	1:15:37	DINAN, Ted	NONE	M	M55	00:07:34
456	588	1:15:37	MAHER, Patrick	N/A Fermoy	M	MS	00:07:34
457	533	1:15:38	LACY, Johanna	CLONMEL AC	F	F35	00:07:34
458	1251	1:15:39	LAWTON, Tadhg	NONE	M	MS	00:07:34
459	117	1:15:41	CAREN, David	N/A Rochestown Road	M	MS	00:07:34
460	131	1:15:42	CASEY, Darren	N/A Cork	M	MS	00:07:34
461	380	1:15:43	GRAINGER, Pauline	N/A Cork	F	FS	00:07:34
462	92	1:15:45	BURKE, Paul	N/A Mallow	M	MS	00:07:34
463	368	1:15:46	GILROY, Helen	MIDLETON AC	F	F35	00:07:35
464	359	1:15:47	GEANEY, Andrew	APPLE	M	M55	00:07:35
465	675	1:15:49	MULLINS, Brian	UCC	M	MS	00:07:35
466	279	1:15:49	DRENNAN, Angeline	WEST WATERFORD A.C.	F	F35	00:07:35
467	310	1:15:50	FENNESSY, Eleanor	EAGLE AC	F	FS	00:07:35
468	1137	1:15:50	NUGENT, Gavin	NONE	M	MS	00:07:35
469	284	1:15:50	DUGGAN, Aidan	N/A Grenagh	M	MS	00:07:35
470	84	1:15:53	BUCKLEY, Sheila	N/A Carrigtwohill	F	FS	00:07:35
471	934	1:15:57	REIDY, Brendan	WATERFORD AC	M	M40	00:07:36
472	854	1:15:58	O'REILLY, Criostoir	BOARDS AC	M	MS	00:07:36
473	961	1:16:00	RYAN, Don	N/A Ladysbridge	M	MS	00:07:36
474	774	1:16:01	O'CONNOR, Kevin	EAGLE AC	M	M40	00:07:36
475	1174	1:16:01	COAKLEY, Paula	NONE	F	F35	00:07:36
476	264	1:16:04	DEVINE, Willie	CIVIL SERVICE HARRIERS	M	M65	00:07:36
477	920	1:16:04	QUAID, Kevin	N/A Mallow	M	MS	00:07:36
478	40	1:16:05	BOWE, Sandra	CLONMEL AC	F	FS	00:07:36
479	453	1:16:06	HOLMES, Patrick J	DUNDRUM AC TIPPERARY	M	M50	00:07:37
480	736	1:16:07	O'CALLAGHAN, Denis	N/A Cork	M	M45	00:07:37
481	281	1:16:11	DUANE, Peter	N/A Buttevant	M	M40	00:07:37
482	335	1:16:12	FLANAGAN, Brendan	N/A Cork	M	MS	00:07:37
483	1047	1:16:12	WALSH, John	MIDLETON AC	M	M40	00:07:37
484	95	1:16:13	BUTTERWORTH, Kevin	N/A Commons Road	M	MS	00:07:37
485	80	1:16:14	BUCKLEY, Mary	DONOUGHMORE	F	F45	00:07:37
486	369	1:16:14	GILTINAN, Donal	N/A Charleville	M	MS	00:07:37
487	546	1:16:16	LESTER, Alan	N/A Cork	M	MS	00:07:38
488	801	1:16:22	O'HALLORAN, John	MIDLETON A.C.	M	M60	00:07:38
489	44	1:16:23	BRACKEN, Joe	THURLES CROKES AC	M	M45	00:07:38
490	586	1:16:30	MAHER, David	N/A Tower	M	MS	00:07:39
491	1115	1:16:32	PEAVOY, Medbh	DONORE HARRIERS	F	FS	00:07:39
492	39	1:16:33	BOURKE, Fiona	CLONMEL AC	F	F40	00:07:39
493	1182	1:16:33	O'DEA, Jp	NONE	M	M45	00:07:39
494	400	1:16:37	HAMILL, Robert	YOUGHAL AC	M	MS	00:07:40
495	223	1:16:39	CROWLEY, Paul	N/A Dublin	M	MS	00:07:40
496	1168	1:16:43	BREEN, Jerry	DECARE RUNNING CLUB	M	M45	00:07:40
497	862	1:16:43	O'ROURKE, Martin	N/A	M	MS	00:07:40
498	76	1:16:47	BUCKLEY, Eileen	ST.FINBARRS ATHLETIC CLUB	F	F45	00:07:41
499	1148	1:16:50	HARRISON, Alison	NONE	F	F35	00:07:41
500	180	1:16:52	COONEY, Mike	N/A -	M	M40	00:07:41
501	699	1:16:52	MURPHY, James	N/A Cork City	M	MS	00:07:41
502	990	1:16:53	SHEEHAN, Darren	ALEXADAM	M	M40	00:07:41
503	1048	1:16:54	WALSH, Killian	CLONAKILTY ROAD RUNNERS AC	M	MS	00:07:41
504	1312	1:17:01	O'RIORDAN, Tony	NONE	M	MS	00:07:42
505	20	1:17:04	BARRY, Brian	N/A Grenagh	M	MS	00:07:42
506	1313	1:17:05	ROSSNO, Andreas	NONE	M	MS	00:07:43
507	354	1:17:06	FRAWLEY, Barry	KOSTAL	M	MS	00:07:43
508	603	1:17:08	MAUNSELL, Nicola	CLONMEL AC	F	F40	00:07:43
509	622	1:17:11	MCCARTHY, John A	N/A Friars Walk	M	M50	00:07:43
510	405	1:17:12	HANNAN, Joe	N/A Limerick	M	M45	00:07:43
511	635	1:17:16	MCGOWAN, Sean	WATERFORD AC	M	M50	00:07:44
512	643	1:17:17	MCMAHON, Daniel	N/A Cork	M	MS	00:07:44
513	528	1:17:18	KIELY, Victor	BLARNEY	M	M40	00:07:44
514	252	1:17:19	DELANEY, John	GLANMIRE	M	M45	00:07:44
515	891	1:17:21	O'SULLIVAN, Norleen	N/A Cork	F	FS	00:07:44
516	470	1:17:21	JONES, Margaret	MIDLETON AC	F	F40	00:07:44
517	1290	1:17:22	MCCARTHY, Paudie	NONE	M	M50	00:07:44
518	625	1:17:24	MCCARTHY, P. J.	N/A Tramore	M	M40	00:07:44
519	876	1:17:26	O'SULLIVAN, Darragh	N/A Beara	M	MS	00:07:45
520	648	1:17:27	MCSWEENEY, Treasa	ST FINBARRS	F	FS	00:07:45
521	1075	1:17:37	COURTNEY, Laurence	EAGLE AC	M	M50	00:07:46
522	1113	1:17:40	HENNESSEY, John	BALLYMACODA	M	MS	00:07:46
523	1190	1:17:41	O'CONNELL, Finbarr	NONE	M	MS	00:07:46
524	504	1:17:42	KELLY, Sean	COUNTRY CLUB RUNNERS	M	M40	00:07:46
525	855	1:17:44	O'REILLY, Joe	CRUSADERS AC	M	MS	00:07:46

Mallow AC

19 March 2012

Kostal Ireland 10 mile Road Race

Position	Number	Time	Name	Club	M/F	Category	Pace
526	91	1:17:46	BURKE, James	MILLSTREET	M	MS	00:07:47
527	285	1:17:51	DUGGAN, Jessie	N/A Fermoy	F	FS	00:07:47
528	516	1:17:51	KEARNEY, Batt	N/A Cork	M	M55	00:07:47
529	900	1:17:52	PADDEN, Ray	KOSTAL	M	MS	00:07:47
530	840	1:17:54	O'MEARA, Richard	GALTEE RUNNERS	M	MS	00:07:47
531	277	1:17:55	DOYLE, Kevin	GRANGE FERMOY	M	M40	00:07:48
532	458	1:17:57	HOUHAN, Orla	N/A Cork	F	FS	00:07:48
533	1226	1:17:58	O'GORMAN, Anne	KILKENNY CITY HARRIERS	F	F35	00:07:48
534	66	1:17:59	BROWNE, Gerard	GLENVILLE	M	M45	00:07:48
535	163	1:18:00	COLLINS, Mike	N/A Kilmallock	M	M40	00:07:48
536	197	1:18:04	COTTER, John	N/A Cork	M	M65	00:07:48
537	867	1:18:06	O'SHEA, Colm	N/A Midleton	M	M40	00:07:49
538	725	1:18:06	NAGLE, Eamon	KOSTAL	M	MS	00:07:49
539	261	1:18:09	DEVEREUX, Dominic	LIMERICK COUNTRY CLUB AC	M	M50	00:07:49
540	737	1:18:10	O'CONNOR, Brian	MILLSTREET	M	MS	00:07:49
541	1109	1:18:11	O'CONNOR, Martin	NONE	M	MS	00:07:49
542	12	1:18:13	BARLOW, Ivan	CLONMEL AC	M	M40	00:07:49
543	1020	1:18:14	TOBIN, Brendan	N/A Cork	M	M40	00:07:49
544	250	1:18:15	DEANE, Carmel	N/A Co. Cork	F	FS	00:07:50
545	1111	1:18:17	SCULL, Bernard	NONE	M	MS	00:07:50
546	151	1:18:17	COGAN, Denis	N/A Cork	M	MS	00:07:50
547	1084	1:18:18	LEONARD, Declan	NONE	M	MS	00:07:50
548	1038	1:18:20	WALL, Triona	WEST WATERFORD AC	F	F35	00:07:50
549	77	1:18:20	BUCKLEY, Gavin	N/A Carrigrohane	M	MS	00:07:50
550	7	1:18:21	ARRIGAN, Deirdre	N/A Patrickswell	F	F35	00:07:50
551	1259	1:18:26	FOGARTY, Cyril	CLONMEL	M	M45	00:07:51
552	387	1:18:27	GRIFFIN, Mike	DOONEEN	M	MS	00:07:51
553	1262	1:18:28	DOODY, Brenda	NONE	F	F40	00:07:51
554	488	1:18:29	KELLEHER, Donal	EAGLES	M	MS	00:07:51
555	477	1:18:29	KEANE, Pdraig	GNEVEGUILLA / FIT FOR LIFE	M	MS	00:07:51
556	976	1:18:30	SAUNDERS, Karol	N/A Mallow	M	MS	00:07:51
557	868	1:18:30	O'SHEA, Desmond	N/A Greystones	M	MS	00:07:51
558	570	1:18:30	LYNCH, Frances	N/A Cork	F	F45	00:07:51
559	763	1:18:33	O'CONNELL, Mary	GNEVEGUILLA A.C.	F	F35	00:07:51
560	568	1:18:36	LYNCH, Ann	LEEVALE	F	F40	00:07:52
561	502	1:18:36	KELLY, Louise	N/A Cork	F	FS	00:07:52
562	1159	1:18:38	MULCARE, John	WEST LIMERICK AC	M	M40	00:07:52
563	381	1:18:39	GRANT, Derek	WATERFORD A.C.	M	M50	00:07:52
564	943	1:18:41	RING, John	N/A Limerick	M	MS	00:07:52
565	243	1:18:43	DALY, Michael	NAVY AC	M	M40	00:07:52
566	208	1:18:43	CREMIN, Dan	N/A Ovens	M	M45	00:07:52
567	703	1:18:43	MURPHY, Liam	MALLOW AC	M	MS	00:07:52
568	202	1:18:46	COUGHLAN, Sean	BALLYMORE COBH	M	MS	00:07:53
569	874	1:18:46	O'SULLIVAN, Catherine	GALTEE RUNNERS	F	F35	00:07:53
570	188	1:18:48	COSGRAVE, Tom	NAVY AC	M	M40	00:07:53
571	1209	1:18:48	GETTINGS, John	JANSEN	M	MS	00:07:53
572	175	1:18:49	CONSTANT, Kerry	CORK BHAA	M	M55	00:07:53
573	242	1:18:49	DALY, Eimer	N/A Bishopstown	F	FS	00:07:53
574	52	1:18:50	BRENNAN, Ian	EAGLE	M	M45	00:07:53
575	344	1:18:51	FOGARTY, Paula	N/A Douglas	F	FS	00:07:53
576	198	1:18:54	COTTER, John J	COBH	M	MS	00:07:53
577	782	1:18:55	O'DONOGHUE, Donal	N/A Little Island	M	M45	00:07:53
578	93	1:18:56	BUTLER, David	ST. FINBARRS ATHLETICS CLUB	M	MS	00:07:54
579	434	1:18:57	HEFFERNAN, Deirdre	N/A Commons Road	F	FS	00:07:54
580	238	1:19:00	CURTIS, Peadar	MALLOW AC	M	M55	00:07:54
581	15	1:19:00	BARRETT, Elaine	N/A Mallow	F	FS	00:07:54
582	1216	1:19:01	GOLDSMITH, Sharon	LIMERICK COUNTRY CLUB AC	F	F45	00:07:54
583	912	1:19:06	POWER, Cathal	NAVY AC	M	MS	00:07:55
584	1086	1:19:07	MERRITT, Denis	NONE	M	M40	00:07:55
585	1286	1:19:08	RIRDAN, Donal	NONE	M	M45	00:07:55
586	1200	1:19:09	O'CONNELL, Michael	NONE	M	MS	00:07:55
587	1235	1:19:09	O'CONNELL, Shane	NONE	M	MS	00:07:55
588	483	1:19:10	KEENA, Eoghan	MALLOW	M	MS	00:07:55
589	930	1:19:11	QUIRKE, Alan	N/A	M	M50	00:07:55
590	899	1:19:13	OWERS, Eric	MIDLETON AC	M	MS	00:07:55
591	760	1:19:14	O'CARROLL, Brendan	N/A Limerick	M	MS	00:07:55
592	1299	1:19:15	LANE, Colin	NONE	M	MS	00:07:55
593	693	1:19:16	MURPHY, Eamonn	N/A	M	M50	00:07:56
594	154	1:19:17	COLLINS, Dan	N/A Blarney	M	M45	00:07:56
595	949	1:19:17	RODGERS, Keith	N/A Cork	M	MS	00:07:56
596	644	1:19:19	MCMANUS, Mark	N/A Cork	M	MS	00:07:56
597	1256	1:19:21	BURKE, Karen	NONE	F	F35	00:07:56
598	747	1:19:22	O'BRIEN, Jack	N/A Kanturk	M	MS	00:07:56
599	397	1:19:24	HACKETT, David	N/A Kilkenny	M	MS	00:07:56
600	1314	1:19:24	CASEY, Colm	NONE	M	M50	00:07:56

Overall Male Results

	Position	Number	Time	Name	Club	M/F	Category
1	1	866	00:52:35	O'SHEA, Alan	BANTRY AC	M	MS
2	2	174	00:52:43	CONROY, Martin	BALLINA AC	M	MS
3	3	1295	00:53:03	WAUGH, George	BANDON AC	M	MS
4	4	1005	0:53:35	SOSNOWSKI, Wieslaw	EAGLE	M	MS
5	5	272	0:53:57	DOODY, Martin	LIMERICK AC	M	MS

Overall Female Results

	Position	Number	Time	Name	Club	M/F	Category
1	26	1166	0:58:55	MANNING, Lorraine	RAHENY SHAMROCKS	F	FS
2	28	616	0:59:01	MCCANN, Angela	CLONMEL AC	F	F40
3	36	143	0:59:32	CLEARY, Barbara	N/A Dublin 18	F	F35
4	73	447	1:01:58	HOLLAND, Ann Marie	EAGLE AC	F	F35
5	90	731	1:03:12	NI CHONCHUIR, Sinead	EAGLE	F	F40

Male 40-45

	Position	Number	Time	Name	Club	M/F	Category
1	21	1140	0:58:04	MURPHY, Sean	TRIM AC	M	M40
2	37	1058	0:59:33	WEIR, Finlay	WATERFORD AC	M	M40
3	40	886	0:59:41	O'SULLIVAN, Johnny	GALTEE RUNNERS	M	M40

Male 45-49

	Position	Number	Time	Name	Club	M/F	Category
1	7	1293	0:54:20	O'CONNELL, Cathal	ST FINBARRS	M	M45
2	23	232	0:58:32	CUNNINGHAM, Mike Cur	BILBOA AC	M	M45
3	27	522	0:58:56	KEOHANE, Don	EAGLE AC	M	M45

Male 50-54

	Position	Number	Time	Name	Club	M/F	Category
1	22	1279	0:58:24	MCCARTHY, Martin	WEST WATERFORD	M	M50
2	81	116	1:02:43	CANTWELL, Gerry	WEST WATERFORD A.C.	M	M50
3	91	386	1:03:13	GRIFFIN, Ger	BILBOA AC	M	M50

Male 55-59

	Position	Number	Time	Name	Club	M/F	Category
1	121	426	1:04:16	HAYES, Willie	ST FINBARRS AC	M	M55
2	210	700	1:08:05	MURPHY, Joe	EAGLE A.C.	M	M55
3	306	1219	1:10:55	RALPH, Gerry	DUNDRUM AC	M	M55

Male 60-64

	Position	Number	Time	Name	Club	M/F	Category
1	164	1030	1:06:25	TWOMEY, Pat	EAGLE A.C.	M	M60
2	239	1273	1:09:05	TOBIN, Maurice	GRANGE FERMOY AC	M	M60
3	363	86	1:12:49	BUCKLEY, Tim Joe	DONOUGHMORE	M	M60

Male 65+

	Position	Number	Time	Name	Club	M/F	Category
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Men 65+

1	332	290	1:11:45	DUNNE, Michael	N/A Blarney	M	M65
2	476	264	1:16:04	DEVINE, Willie	CIVIL SERVICE HARRIERS	M	M65
3	576	197	1:18:54	COTTER, John	N/A Cork	M	M65

Male 70 +							
M70	Number	Time	Name	Club	M/F	Category	
333	646	1:11:48	MCNAMARA, Jim	DONORE HARRIERS	M	M70	
669	1274	1:21:30	O'LEARY, John	LEEVALE	M	M70	
771	291	1:24:37	DUNNE, Tony	CARRAIG NA BHFEAR A.C.	M	M70	

Male Junior							
Position	Number	Time	Name	Club	M/F	Category	
1	323	820	1:11:30	O'LEARY, Shane	N/A Tuam	M	MJ
2							
3							

Female 35-39							
Position	Number	Time	Name	Club	M/F	Category	
1	106	1041	1:04:02	WALSH, Corinna	WEST WATERFORD AC	F	F35
2	176	696	1:06:53	MURPHY, Esther	ST FINBARRS	F	F35
3	197	313	1:07:32	FENTON, Vanessa	3DTRIATHLON	F	F35

Female 40 - 44							
Position	Number	Time	Name	Club	M/F	Category	
1	169	870	1:06:37	O'SHEA, Geraldine	ST FINBARR'S AC	F	F40
2	216	1067	1:08:19	WOLFE, Anne	ST FINBARRS	F	F40
3	226	544	1:08:37	LENNON, Siobhan	ENNIS TRACK ATHLETIC	F	F40

Female 45-49							
Position	Number	Time	Name	Club	M/F	Category	
1	286	1302	1:10:22	BARRY, Nora	NONE	F	F45
2	292	863	1:10:25	O'ROURKE, Orla	N/A Cobh	F	F45
2	350	315	1:12:27	FINN, Deirdre	BORU TRI CLUB	F	F45

Female 50-54							
Position	Number	Time	Name	Club	M/F	Category	
1	136	1015	1:04:47	SWEENEY, Mary	ST FINBARRS A.C.	F	F50
2	266	1026	1:09:43	TUOHY, Teresa	BILBOA A.C	F	F50
3	632	717	1:20:37	MURPHY HEHIR, Cushla	MARIAN AC	F	F50

Female 55-59							
Position	Number	Time	Name	Club	M/F	Category	
1	373	1198	1:13:11	MAC DOMHNAILL, Carme	WEST LIMERICK	F	F55
2	792	578	1:25:19	LYONS, Marion	ST FINBARRS	F	F55
3	818	436	1:26:26	HENNESSY, Elaine	MIDLETON	F	F55

Female 60-64							
Position	Number	Time	Name	Club	M/F	Category	
1	948	809	1:32:08	O'KEEFFE, Aileen	N/A Cork	F	F60

2	971	23	1:33:11	BARRY, Margaret	MIDLETON AC	F	F60
3	1030	815	1:38:54	O'KEEFFE, Patricia	WATERFORD AC	F	F60

Female 65 +							
	Position	Number	Time	Name	Club	M/F	Category
1	926	289	1:30:52	DUNNE, Maggie	CARRAIG NA BHFEAR A.	F	F65
2							
3							

Female 70+							
	Position	Number	Time	Name	Club	M/F	Category
1							
2							
3							

Female Junior							
	Position	Number	Time	Name	Club	M/F	Category
1	1007	927	1:36:09	QUINN, Aoife	N/A Leopardstown	F	FJ
2	1046	998	1:41:24	SHEEHY, Natasha	N/A Abbeyfeale	F	FJ
3	1088	1076	2:03:32	O'GORMAN, Leanne	BORN TO RUN ITT	F	FJ