

Pos	First Name	Surname	Cat	Club	Time	Chip
1	Sergiu	CIOBANU	M35	Clonliffe Harriers AC	00:50:56	00:50:56
2	John	KINSELLA	M40	Bilboa AC	00:53:08	00:53:08
3	Derek	GRIFFIN	M35		00:53:13	00:53:13
4	Kane	COLLINS	M		00:53:18	00:53:18
5	Noel	MURPHY	M35	Waterford AC	00:53:49	00:53:49
6	Alan	O'BRIEN	M40	Eagle AC	00:53:59	00:53:59
7	Vivian	FOLEY	M50	Eagle AC	00:54:16	00:54:16
8	Michelle	FINN	F	Leevale AC	00:55:09	00:55:09
9	Damian	KENNEALLY	M		00:55:46	00:55:46
10	Donal	COAKLEY	M35	Leevale AC	00:55:54	00:55:54
11	Kieran	MCKEOWN	M45		00:56:13	00:56:13
12	Paul	WILLIAMSON	M40		00:56:34	00:56:34
13	Garrett	LORDAN	M40		00:56:56	00:56:56
14	Tadhg	O'SULLIVAN	M	Bweeng Trail Blazers	00:57:16	00:57:13
15	Liam	O'CONNOR	M50	Grange AC	00:57:24	00:57:23
16	David	BUCKLEY	M40		00:57:27	00:57:25
17	Ray	O'CONNELL	M35	Togher AC	00:57:37	00:57:35
18	Daniel	BLOOM	M	Midleton AC	00:58:19	00:58:18
19	Seamus	MCSWEENEY	M50	St Nicholas AC	00:58:47	00:58:44
20	Niamh	MOORE	F	Leevale AC	00:58:54	00:58:53
21	Alan	SMITH	M	Victoria Park Harriers & Tower Hamlets AC	00:58:55	00:58:53
22	PJ	SCOLLARD	M45	Waterford AC	00:59:05	00:58:59
23	Trevor	WOODGATE	M40	Mallow AC	00:59:05	00:59:01
24	Toby	BENHAM	M	Crusaders AC	00:59:09	00:59:06
25	Ken	O'MAHONY	M35		00:59:09	00:59:07
26	John	MURPHY	M50	Grange Fermoy AC	00:59:11	00:59:08
27	Fionn	GRIFFIN	M45		00:59:13	00:59:10
28	Gary	CLERKIN	M45	Grange Fermoy AC	00:59:15	00:59:11
29	Michael	CREED	M45		00:59:16	00:59:15
30	Darren	COLEMAN	M	Buttevant RC	00:59:17	00:59:13
31	John	LONGAN	M	St Finbarrs AC	00:59:18	00:59:15
32	Maurice	FEEHAN	M35	Duhallow AC	00:59:18	00:59:15
33	Stephen	ROONEY	M45	Watergrasshill AC	00:59:22	00:59:20
34	Paddy	WALSH	M	Kilkenny City Harriers	00:59:24	00:59:23
35	Andrew	SMYTH	M	Coolquill AC	00:59:29	00:59:26
36	David	SULLIVAN	M45	Carrigtwohill AC	00:59:34	00:59:31
37	Dermot	KEARNS	PACER	Dooneen AC	00:59:34	00:59:32
38	Dermot	GOUGH	M40		00:59:35	00:59:31
39	David	O'CONNOR	M35	St Catherines AC	00:59:45	00:59:41
40	John	CRONIN	M	St Finbarrs AC	00:59:47	00:59:43
41	Alan	LEAHNE	M40	St Finbarrs AC	00:59:49	00:59:48
42	Paul	COTTER	M45	Eagle AC	00:59:58	00:59:55
43	David	HANLON	M		01:00:11	01:00:08
44	Kevin	WILMOT	M35	Bandon AC	01:00:14	01:00:14
45	Michael	FURLONG	M		01:00:17	01:00:14
46	Colm	DALY	M35	Ennis Track AC	01:00:21	01:00:20
47	Mike	LYNCH	M40	Limerick AC	01:00:24	01:00:22
48	Paul	DEANE	M		01:00:27	01:00:21
49	Jim	HARTY	M40	St Catherines AC	01:00:42	01:00:37
50	Michael	QUIRKE	M35	Mallow AC	01:00:44	01:00:40
51	Darren	AHERN	M35		01:00:45	01:00:39
52	Eric	GEARY	M	Dairygold	01:00:50	01:00:37
53	Eoin	O'RATHALLAIGH	M40	Leevale AC	01:01:01	01:00:59
54	Gerard	GUINA	M40	West Limerick AC	01:01:06	01:01:02
55	Donough	BARROW	M50	Mallow AC	01:01:16	01:01:09
56	Alan	HAYNES	M35		01:01:19	01:01:11
57	Daire	O'SULLIVAN	M40	Mallow AC	01:01:22	01:01:18
58	Denis	SHEEHAN	M45	Leevale AC	01:01:24	01:01:22
59	Garry	NOONAN	M40		01:01:24	01:01:23
60	Martin	CURTIN	M40		01:01:27	01:01:19
61	John	MCGUINNESS	M40	Mallow AC	01:01:28	01:01:20
62	William	O'CONNOR	M50	Dairygold	01:01:52	01:01:45
63	Emma	MURPHY	F35		01:01:55	01:01:50
64	John	HARTNETT	M40	Grange Fermoy AC	01:01:59	01:01:54
65	Pat	DUNWORTH	M55		01:02:08	01:02:06
66	Niall	BENNIS	M35	Dooneen AC	01:02:20	01:02:17

67	Derek	AHERN	M40	Midleton AC	01:02:22	01:02:21
68	Ruairi	MANNING	M		01:02:23	01:02:17
69	Connor	MCCRORY	M40	Bweeng Trail Blazers	01:02:47	01:02:37
70	Dan	O'SULLIVAN	M35	Donoughmore AC	01:02:48	01:02:35
71	Peter	MADDEN	M50	Templemore AC	01:03:00	01:02:55
72	Brian	O'CONNOR	M45	Grange Fermoy AC	01:03:10	01:03:01
73	Linda	SULLIVAN	F50	Watergrasshill AC	01:03:14	01:03:08
74	Keith	FRAHER	M40	Carrick on Suir AC	01:03:17	01:03:12
75	Pablo	HERRERA GASCON	M		01:03:28	01:03:28
76	Padraig	SHEAHAN	M55	Millstreet AC	01:03:38	01:03:33
77	Patrick	MCCARTHY	M50		01:03:40	01:03:33
78	Daniel	ROSS	M		01:03:41	01:03:32
79	G	E	M	Trilogy	01:03:44	01:03:39
80	Liam	KEARNEY	M35		01:03:48	01:03:34
81	Mark	MURPHY	M40	Eagle AC	01:03:52	01:03:48
82	Jim	O'CONNOR	M35	Bridevale AC	01:03:53	01:03:41
83	Declan	DORGAN	M45	Midleton AC	01:03:54	01:03:52
84	David	SHEEHAN	M45		01:03:57	01:03:45
85	Aidan	CROWLEY	M	Bweeng Trail Blazers	01:04:10	01:04:00
86	Eamon	RYAN	M40	Garda AC	01:04:18	01:04:11
87	Catherine	MURPHY	F45		01:04:21	01:04:16
88	Ciaran	MCMAHON	M40		01:04:22	01:04:11
89	Shane	COLLINS	M35	St Finbarrs AC	01:04:36	01:04:27
90	Breda	GAFFNEY	F40		01:04:39	01:04:30
91	Donal	O'CALLAGHAN	M40		01:04:43	01:04:32
92	Eoin	WOOLLEY	M40		01:04:43	01:04:29
93	Padraig	MEEHAN	M40	Templemore C	01:04:43	01:04:35
94	Jean	LUCEY	F35		01:04:44	01:04:33
95	Michael	MULCAHY	M45	Carraig Na Bhfear AC	01:04:46	01:04:36
96	Mike	GRIFFIN	M45	Dooneen AC	01:04:49	01:04:38
97	Colm	SHERIDAN	M45	Mallow AC	01:04:50	01:04:39
98	Pat	O'CONNOR	M50	Eagle AC	01:04:52	01:04:51
99	Ben	MURPHY	M40		01:04:56	01:04:48
100	Liam	LYNCH	M40	Limerick AC	01:04:59	01:04:56
101	Gary	WALSH	PACER	Bweeng Trail Blazers	01:05:00	01:04:51
102	Kevin	GRIFFIN	M60	An Riocht AC	01:05:00	01:04:54
103	Johnny	O'SULLIVAN	PACER	Galtee Runners	01:05:01	01:04:53
104	Ken	MULCAHY	M50		01:05:03	01:04:50
105	Ruairi	GANLEY	M		01:05:07	01:04:59
106	Barry	O'CONNELL	M50	Naas AC	01:05:09	01:05:01
107	Paul	GEARY	M40	Midleton AC	01:05:17	01:05:16
108	John	O'MAHONY	M45		01:05:25	01:05:23
109	Diarmuid	MCINERNEY	M45		01:05:27	01:05:15
110	Declan	MURPHY	M35		01:05:30	01:05:16
111	Irene	EIGHAN	F40	St Finbarrs AC	01:05:34	01:05:23
112	John	MOONEY	M40	Bandon AC	01:05:42	01:05:29
113	Brendan	WALSHE	M45	Clonmel AC	01:05:45	01:05:38
114	Michael	MURRAY	M35		01:05:46	01:05:38
115	Stephen	COLLINS	M35		01:05:51	01:05:44
116	Linda	O'CONNOR	F45	Cork Tri Club	01:05:54	01:05:43
117	Seamus	ENRIGHT	M	Dairygold	01:06:04	01:05:49
118	Brian	O'CONNELL	M45	Togher AC	01:06:07	01:05:56
119	Niall	COLLINS	M50		01:06:19	01:06:10
120	Gavin	QUAINE	M40	Bridevale AC	01:06:27	01:06:19
121	Jack	MCGREGOR	M50		01:06:28	01:06:20
122	Kenneth	KINGSTON	M		01:06:44	01:06:31
123	Aidan	MCCARTHY	M40		01:06:53	01:06:48
124	Martin	LEAHY	M55	Eagle AC	01:06:54	01:06:46
125	Kathy Jean	HORGAN CASEY	F45		01:06:55	01:06:46
126	Katie	HICKSON	F40	St Finbarrs AC	01:06:59	01:06:50
127	Jason	O'MAHONY	M40	Eagle AC	01:07:02	01:06:57
128	Kevin	DRAPER	M		01:07:07	01:06:53
129	Adrian	O'DRISCOLL	M35		01:07:11	01:06:54
130	Anthony	POWER	M60	Clonmel AC	01:07:12	01:06:58
131	Ger	BOWEN	M40		01:07:24	01:07:08
132	P	R	F	Track attack	01:07:25	01:07:07
133	Martin	WHITE	M40		01:07:30	01:07:24

134	Ray	HAHESY	M55	West Waterford AC	01:07:33	01:07:26
135	Paddy	O'KEEFFE	M40		01:07:44	01:07:34
136	James	FURLONG	M		01:07:47	01:07:34
137	Edward	O'MAHONY	M45	St Finbarrs AC	01:07:52	01:07:45
138	Brian	BARRY	M40		01:07:54	01:07:42
139	Darius	GUDONIS	M35		01:08:00	01:07:49
140	Diarmuid	O'SULLIVAN	M40		01:08:08	01:07:57
141	Brendan	COSTELLOE	M35	West Limerick AC	01:08:08	01:07:53
142	Alan	DONOVAN	M35	Bweeng Trail Blazers	01:08:10	01:07:49
143	Dan	COLLINS	M45	Mallow AC	01:08:11	01:08:00
144	Kieran	LYNCH	M45		01:08:11	01:08:02
145	David	MULLINS	M45	Watergrasshill AC	01:08:20	01:08:05
146	Anthony	BUCKLEY	M		01:08:21	01:08:05
147	Darren	CASEY	M45	Eagle AC	01:08:21	01:08:14
148	Michael	MCGRATH	M60	Eagle AC	01:08:22	01:08:16
149	Sean	KIELY	M		01:08:24	01:08:10
150	Adrian	COLLINS	M35	Blackwater Tri Club	01:08:25	01:08:17
151	Willie	BARRY	M55	Midleton AC	01:08:29	01:08:09
152	Richard	HOOTON	M		01:08:32	01:08:28
153	Joe	HALLISSEY	M40	Bandon AC	01:08:34	01:08:21
154	Anthony	ARCHER	M40		01:08:37	01:08:20
155	Mark	BULMAN	M55	Donoughmore AC	01:08:44	01:08:31
156	Daniel	CORKERY	M40		01:08:48	01:08:39
157	Mary	O'SHEA	F35		01:08:51	01:08:37
158	Terence	RYAN	M45		01:08:51	01:08:36
159	Chris	LUNDY	M	Mallow AC	01:08:51	01:08:35
160	Neil	O'DONOVAN	M40		01:08:52	01:08:34
161	John	MAHONY	M40		01:08:54	01:08:40
162	Gavril	CORDUNEANU	M40		01:08:56	01:08:40
163	Liam	LYNCH	M60	Donoughmore AC	01:08:57	01:08:43
164	James	WHELAN	M45	West Waterford AC	01:08:59	01:08:43
165	Siobhan	HOARE	F45	Togher AC	01:09:01	01:08:42
166	Lisa	CROWLEY	F45	Watergrasshill AC	01:09:01	01:08:46
167	Brendan	GLEESON	M35		01:09:04	01:08:52
168	John	MULCAHY	M35		01:09:05	01:08:53
169	Dave	BARTLEY	M55	Grange Fermoy AC	01:09:05	01:08:56
170	Colm	SHEEHAN	M40		01:09:06	01:08:56
171	Brendan	WALSH	M40	Bridevale AC	01:09:10	01:08:53
172	Mike	ENNIS	M55	Grange Fermoy AC	01:09:11	01:09:01
173	James	MURPHY	M35	Cork Frontrunners	01:09:14	01:08:56
174	Brian	SMYTH	M35	Coolquill AC	01:09:16	01:09:05
175	Conor	O'RIORDAN	M40		01:09:16	01:08:56
176	Peter	MCGOVERN	M		01:09:27	01:09:10
177	Niamh	CAMERON	F40		01:09:32	01:09:06
178	Jeremy	KELLEHER	M45	West Muskerry AC	01:09:34	01:09:14
179	Garry	COLLINS	M40		01:09:39	01:09:20
180	Raymond	HARRINGTON	M40		01:09:44	01:09:21
181	John	O'SULLIVAN	M40	Waterford AC	01:09:50	01:09:32
182	Pat	MCCARTHY	M40		01:09:50	01:09:35
183	Ted	O'LEARY	M50	West Waterford AC	01:09:53	01:09:39
184	Jonathan	HERLIHY	PACER	Leevale AC	01:09:57	01:09:41
185	Ruairi	O'BRIEN	M35		01:09:57	01:09:38
186	Seamus	LYNCH	M50	Boru Tri	01:09:59	01:09:41
187	Ken	DERMODY	M40		01:10:04	01:09:46
188	Anthony	MCGIVNEY	PACER		01:10:06	01:09:49
189	Diarmuid	BUCKLEY	M		01:10:16	01:09:55
190	Pat	CHESHIRE	M50		01:10:18	01:09:59
191	Trevor	MOORE	M45		01:10:19	01:09:31
192	Iain	QUINLAN	M40	Watergrasshill AC	01:10:24	01:10:02
193	Stephen	O'SULLIVAN	M50	Togher AC	01:10:24	01:10:05
194	Stan	DVORSKY	M45		01:10:25	01:10:17
195	Siobhan	HOLLAND	F45	Eagle AC	01:10:29	01:10:13
196	Edward	SHEEHAN	M40		01:10:32	01:10:20
197	Liam	FITZGERALD	M50	West Waterford AC	01:10:39	01:10:23
198	Stephen	JONES	M40	Mallow Tri Club	01:10:42	01:10:30
199	Gina	LYONS	F45	Blackwater Tri Club	01:10:45	01:10:22
200	Susan	MCGRATH	F45		01:10:45	01:10:26

201	Joe	POWER	M45	Leevale AC	01:10:45	01:10:27
202	Ian	ROCHE	M40	Eagle AC	01:10:46	01:10:39
203	John	O'CONNOR	M50		01:10:48	01:10:28
204	Darragh	WILEY	M50	Mallow AC	01:10:52	01:10:40
205	Barry	MORRISSEY	M		01:10:56	01:10:13
206	Liam	CRONIN	M		01:10:59	01:10:41
207	Ken	CAREY	M60		01:11:01	01:10:37
208	Annelise	HUTCH	F	East Cork AC	01:11:06	01:10:46
209	Seán	O'CONNOR	MJ		01:11:13	01:10:54
210	Barry	DEADY	M35		01:11:20	01:10:52
211	Jamie	WALSH	M40	Galtee Runners.	01:11:20	01:10:58
212	Paul	CRONIN	M40		01:11:22	01:10:55
213	Andy	WHITE	M35		01:11:24	01:10:58
214	Liz	NYHAN	F45	West Waterford AC	01:11:26	01:11:18
215	Stephen	O'CONNELL	M	St Finbarrs AC	01:11:26	01:11:01
216	Sam	O'MEARA	M60		01:11:34	01:11:12
217	Leonard	BARRY	M		01:11:37	01:11:20
218	Pat	COSTIGAN	M50		01:11:41	01:11:27
219	Eimear	BURKE	F35	Eagle AC	01:11:42	01:11:19
220	Sean	PERCY	M50	Templemore AC	01:11:44	01:11:22
221	David	HARTE	M50	Galtee Runners	01:11:45	01:11:21
222	Regina	SHEEHAN	F45		01:11:50	01:11:29
223	Adrian	FITZGERALD	M50		01:11:50	01:11:31
224	Kieran	TWOMEY	M55		01:11:53	01:11:31
225	Gerry	PRENDERGAST	M40	An Bru AC	01:11:56	01:11:37
226	Jamie	STONE	M		01:12:01	01:11:28
227	Sean	SHEEHAN	M		01:12:01	01:11:42
228	Donal	TWOMEY	M50		01:12:04	01:11:40
229	Steven	BURKE	M45	Wibbly Wobbly Wonders	01:12:05	01:11:40
230	John	CASEY	M55	Togher AC	01:12:15	01:11:50
231	Neil	HOLLAND	M65	Mallow AC	01:12:18	01:12:03
232	Ross	KELLEHER	M40		01:12:19	01:11:57
233	Helen	CANAVAN	F35		01:12:20	01:12:01
234	Martin	LYNCH	M55		01:12:21	01:12:04
235	John	CASEY	M60		01:12:24	01:11:59
236	Paul	TWOMEY	M40	Mallow Tri Club	01:12:24	01:11:15
237	Grainne	LUCEY	F35		01:12:30	01:12:04
238	Jack	O'RIORDAN	M50		01:12:34	01:12:14
239	Mary	SWEENEY	F60		01:12:40	01:12:40
240	Josephine	KELLEHER	F50	Donoughmore AC	01:12:41	01:12:26
241	Eoin	WALSH	M45		01:12:41	01:12:10
242	Ian	MAC CORMACK	M40		01:12:42	01:12:29
243	Noel	LAWLOR	M50		01:12:42	01:12:17
244	Brian	HEALY	M40		01:12:47	01:12:22
245	Brian	BARRY	M40	Bweeng Trail Blazers	01:12:57	01:11:41
246	James	SWEENEY	M35		01:12:58	01:12:33
247	Tony	DELANEY	M50		01:12:59	01:12:09
248	Evin	MCGUANE	M35		01:13:04	01:12:35
249	Nicky	PIKE	M40		01:13:06	01:12:28
250	Brian	WALL	M35	Aghada RC	01:13:09	01:12:43
251	Pat	O'BRIEN	M35		01:13:12	01:12:38
252	Dean	FITZGERALD	M		01:13:17	01:12:48
253	Yvonne	DEEGAN	F45	Limerick Country Club AC	01:13:24	01:13:08
254	Martin	HARTE	M40		01:13:25	01:12:53
255	James	HODGINS	M50		01:13:26	01:13:05
256	Eoin	SHEEHAN	M35		01:13:30	01:13:08
257	Mark	O'SULLIVAN	M55		01:13:33	01:13:20
258	Gary	RELIHAN	M45		01:13:35	01:13:13
259	Leonard	O'SULLIVAN	M45	Watergrasshill AC	01:13:43	01:13:10
260	Pat	KENNEDY	M45		01:13:45	01:12:58
261	David	KELLY	M35		01:13:46	01:13:16
262	Dj	O'SULLIVAN	M50		01:13:48	01:13:15
263	Kevin	O'DONOVAN	M45	St Finbarrs AC	01:13:49	01:13:31
264	Darren	FLYNN	M45	Grange Fermoy AC	01:13:50	01:13:37
265	John	CURTIN	M		01:13:53	01:13:08
266	Eileen	O'KEEFFE	F55	Doneraile AC	01:13:56	01:13:28
267	Alan	BURTON	M40	Millstreet AC	01:13:57	01:13:47

268	Gerry	CANTWELL	M60	West Waterford AC	01:13:58	01:13:42
269	David	BARRY	M45		01:14:01	01:13:19
270	Dolores	DUFFY	F50	Watergrasshill AC	01:14:02	01:13:39
271	Kevin	MCCARTHY	M40	Mallow Tri Club	01:14:04	01:13:27
272	Jonathan	COLEMAN	M40	Dooneen AC	01:14:05	01:13:49
273	Michael	CONNERN	M40	Eagle AC	01:14:11	01:13:50
274	Niall	LYNCH	M40		01:14:12	01:13:46
275	Karol	O'DONOVAN	M40		01:14:15	01:13:37
276	Conor	O'SULLIVAN	M		01:14:15	01:13:06
277	Stephen	ROB	M50	Sanctuary Runners	01:14:16	01:13:46
278	Finbarr	WALL	M45	Mallow AC	01:14:17	01:13:54
279	Seamus	O'KEEFFE	M55	Doneraile AC	01:14:18	01:13:50
280	Donal	O'DONOGHUE	M55	Watergrasshill AC	01:14:19	01:13:46
281	April	QUINN	F		01:14:20	01:13:55
282	Abe	HENDERSON	M55	Wyeth Runners	01:14:26	01:13:57
283	Lisa	FINN	F45	Mallow AC	01:14:28	01:14:02
284	Robin	O'DONOGHUE	M		01:14:30	01:13:58
285	Ray	O'RIORDAN	M45	Thurles Crokes AC	01:14:36	01:14:13
286	Gillian	SOHUN	F50	Leevale AC	01:14:37	01:14:07
287	Brenda	CANTY	F40	Watergrasshill AC	01:14:38	01:14:12
288	Billy	SHANAHAN	M40		01:14:41	01:14:06
289	Andrew	CONWAY	M40		01:14:41	01:14:04
290	Ronald	ILSLEY	M60	St Nicholas AC	01:14:42	01:14:10
291	Anthony	AHERN	M35		01:14:43	01:14:14
292	Patrick	LYNCH	M40		01:14:45	01:13:59
293	Finbarr	CORCORAN	M35		01:14:46	01:14:00
294	Eileen	FINN	F35	Grange Fermoy AC	01:14:47	01:14:23
295	Patrick	LOMASNEY	M35		01:14:48	01:14:18
296	Diarmuid	COSTINE	M35		01:14:50	01:14:28
297	Shane	BOLSTER	M40		01:14:50	01:14:22
298	Eoin	O'BRIEN	M45		01:14:50	01:14:28
299	Michael	O'BRIEN	M	Frontrunners Cork	01:14:50	01:14:29
300	Fachtna	GOGGIN	M40		01:14:57	01:14:29
301	Chris	GRAYSON	PACER	Kerry Crusaders	01:14:59	01:14:35
302	James	BREEN	M35	Buttevant RC	01:15:00	01:14:35
303	Sharon	WOODS	PACER	Mallow AC	01:15:02	01:14:39
304	Catherine	O'SULLIVAN	F45		01:15:10	01:14:47
305	Maciej	CHOJAN	M40		01:15:22	01:14:33
306	Enda	KIERNAN	M50	St Finbarrs AC	01:15:37	01:15:20
307	Vicky	LEHANE	F45		01:15:37	01:15:14
308	Orlagh	WEAFER	F	Mallow AC	01:15:40	01:15:06
309	Shane	MORAN	M35	Shandrum AC	01:15:41	01:14:55
310	Darren	O'CONNOR	M40		01:15:43	01:15:13
311	Kate	CROWLEY	F35		01:15:50	01:15:23
312	Rob	O'LEARY	M45		01:15:51	01:15:23
313	Raymond	BARROW	M40	Mallow AC	01:15:54	01:15:24
314	Patsy	MCNAMARA	M50		01:15:54	01:15:29
315	Tom	O'RIORDAN	M45		01:15:55	01:15:35
316	Barry-John	RYAN	M40		01:16:00	01:15:43
317	Liam	AHERNE	M40	Mallow Tri Club	01:16:05	01:15:39
318	Oliver	KEARNEY	M65	Duhallow AC	01:16:30	01:16:17
319	Robin	BASS	M	Portmarnock Tri Club	01:16:31	01:15:39
320	Anthony	PATTERSON	M50	Bweeng Trail Blazers	01:16:34	01:16:07
321	Ben	DALY	M		01:16:37	01:15:46
322	Margaret	JONES	F50	Midleton AC	01:16:38	01:16:38
323	Mary	BUCKLEY	F55	Donoughmore AC	01:16:38	01:16:24
324	John Joseph	KENNELLY	M50	Limerick Country Club AC	01:16:43	01:16:05
325	Tom	MADDEN	M70	Limerick Country Club AC	01:16:43	01:16:05
326	James	LUCEY	M40		01:16:44	01:15:48
327	Sean	SPRATT	M45		01:16:44	01:16:08
328	Anna	ERFURTH	F40	Carrigtwohill AC	01:16:48	01:16:12
329	Aidan	DOYLE	M40	Templemore AC	01:16:49	01:16:11
330	Colum	KIDNEY	M40		01:16:50	01:16:16
331	Michelle	KENNY	F35	Newbridge AC	01:16:52	01:16:25
332	John	CLIFFORD	M35		01:16:52	01:16:34
333	Tommy	LEE	M50		01:16:55	01:16:24
334	Stephen	O'REGAN	M35	Mount Hillary AC	01:16:58	01:16:11

335	Ciaran	CROWLEY	M		01:17:07	01:15:17
336	Mary	O'CONNELL	F45	Gneeveguilla AC	01:17:10	01:16:31
337	David	HOWELL	M40	Mallow AC	01:17:10	01:16:53
338	Paudie	O'RIORDAN	M45		01:17:15	01:16:31
339	Brian	HOLLAND	M40		01:17:18	01:16:47
340	Richard	DORGAN	M35		01:17:21	01:16:35
341	Rhona	DEMPSEY	F40		01:17:21	01:16:40
342	Kieran	O'SULLIVAN	M40	Kinsale Tri Club	01:17:22	01:16:48
343	Seamus	KELLEHER	M65	Mallow AC	01:17:24	01:16:39
344	Peter	QUINN	M60	Ballymore Cobh AC	01:17:25	01:17:05
345	Daniel	WOODWARD	M		01:17:28	01:16:39
346	Jo	GRUMBRIDGE	F40	Grange Fermoy AC	01:17:29	01:16:48
347	Louise	MCGANN	F35		01:17:32	01:16:52
348	Paul	MCCARTHY	M50	Bridevale AC	01:17:33	01:17:09
349	Paddy	O'KEEFFE	M40	Millstreet A/C	01:17:34	01:16:48
350	Patrick	RYAN	M40	St Catherines AC	01:17:34	01:17:05
351	Ann	GEARY	F40	St Catherines AC	01:17:34	01:17:05
352	Kevin	O'CALLAGHAN	M40	Dromahane Road Runners AC	01:17:36	01:16:38
353	Keith	BUCKLEY	M40		01:17:40	01:17:04
354	Noel	WREN	M40		01:17:40	01:16:50
355	Barry	O'CALLAGHAN	M50	Mallow AC	01:17:41	01:17:23
356	Jp	BOURKE	M35	Millstreet AC	01:17:41	01:17:05
357	James	O'MAHONEY	M40		01:17:41	01:16:54
358	John	MULCAIR	M50		01:17:43	01:16:54
359	Mike	HEALY	M60		01:17:44	01:17:11
360	Denis	DAVERN	M55	Galtee Runners	01:17:45	01:17:21
361	Aoife	NI MHURCHU	F	Cork Tri Club	01:17:46	01:16:47
362	Paul	DOWLING	M35		01:17:46	01:17:24
363	Micheal	REA	M45		01:17:47	01:17:13
364	Rae	LISTON	M35		01:17:49	01:17:33
365	Kevin	BOAG	M60	Mallow AC	01:17:53	01:17:11
366	Maressa	MILLS	F35	Eagle AC	01:17:56	01:17:21
367	Clodagh	O'MARA	F40	Saturday Road Runners	01:17:56	01:17:16
368	Carl	DANZA	M		01:17:57	01:17:29
369	Marise	ROBINSON	F40		01:17:57	01:17:16
370	Robert	QUINN	M35		01:18:07	01:17:30
371	Brendan	O'CARROLL	M40		01:18:08	01:17:06
372	Ciaran	O'CONGHAILE	M		01:18:10	01:17:31
373	Kieran	BYRNE	M	Dromahane Road Runners AC	01:18:10	01:17:15
374	Ken	NYHAN	M45	Eagle AC	01:18:11	01:17:13
375	Joseph	BARROW	M45	Sanctuary Runners	01:18:12	01:17:37
376	Emma	KELLEHER	F35		01:18:15	01:17:32
377	Stephen	MCAULIFFE	M55	Mount Hillary AC	01:18:16	01:17:45
378	Maeve	BOLAND	F		01:18:17	01:17:39
379	Paul	WILLIAMSON	M35		01:18:18	01:17:41
380	Siobhan	DEMPSEY	F50		01:18:18	01:17:13
381	Una	MURPHY	F50		01:18:19	01:16:46
382	Norah	STOREY	F45	Tramore AC	01:18:24	01:17:54
383	Paul	CROWLEY	M40		01:18:27	01:17:52
384	Conor	FOX	M50	Donoughmore AC	01:18:28	01:17:41
385	Elaine	O'CALLAGHAN	F35	Mallow AC	01:18:33	01:17:58
386	Paddy	COLEMAN	M40	St	01:18:36	01:18:05
387	Mike	COONEY	M50		01:18:38	01:18:10
388	Sharon	SEYMOUR	F35		01:18:43	01:18:07
389	Adrian	MARNANE	M35		01:18:46	01:18:00
390	Cormac	MCDONNELL	M50		01:18:47	01:18:07
391	Edward	MCDONNELL	M50	Mallow Tri Club	01:18:48	01:18:10
392	Orla	NOLAN	F50	Dromahane Road Runners AC	01:18:49	01:17:59
393	Niamh	HENNESSY	F		01:18:50	01:18:02
394	Sean	MURPHY	M35	Whitegate RC	01:18:52	01:18:04
395	Kieran	BARRETT	M35	St Nicholas AC	01:18:54	01:18:16
396	Denis	BROWNE	M60		01:18:55	01:18:29
397	Jennifer	FRISBY	FJ		01:18:56	01:18:22
398	Paula	WRIGHT	F45		01:18:57	01:18:02
399	Shane	FITZPATRICK	M45		01:18:58	01:18:26
400	Fiona	DOWNEY	F50		01:18:59	01:18:24
401	David	O'KEEFFE	M35		01:18:59	01:18:30

402	Andreas	LUCEY	M40	Dairygold	01:19:01	01:18:04
403	Ciaran	COMERFORD	M45		01:19:04	01:18:22
404	Colin	EDWARDS	M45		01:19:04	01:18:22
405	Sinead	O'MAHONY	F40		01:19:04	01:18:09
406	Tom	WEAFER	M50		01:19:06	01:18:35
407	Denis	COGAN	M45		01:19:15	01:18:56
408	Martin	O'SULLIVAN	M65		01:19:15	01:18:47
409	Joseph	FORDE	M45		01:19:15	01:18:28
410	Mark	SHEEHAN	M		01:19:16	01:18:36
411	April	CORCORAN	F40	North Cork AC	01:19:17	01:18:40
412	Michelle	CAREY	F40	Raheny Shamrock AC	01:19:17	01:18:43
413	Avril	CROWLEY	F45	East Cork AC	01:19:19	01:18:56
414	Paddy	CARROLL	M35		01:19:22	01:18:52
415	Patrick	O'MAHONY	M50		01:19:25	01:18:46
416	Scott	CAREY	M		01:19:27	01:18:38
417	Michael	HELLEN	M35	Togher AC	01:19:28	01:18:31
418	Liz	PALMER	F50	Mallow AC	01:19:33	01:18:52
419	Frances	BARRY	F45	St Catherines AC	01:19:36	01:19:36
420	Richard	CLEARY	M40		01:19:37	01:19:18
421	Darragh	O'SULLIVAN	M40		01:19:39	01:18:58
422	Denis	CARROLL	M60	Eagle AC	01:19:42	01:18:51
423	Cedric	KNEE	M40	Mount Hillary AC	01:19:51	01:18:22
424	Sarah	CREEDON	F40	Millstreet AC	01:19:51	01:19:14
425	Mary	REIDY	F45		01:19:53	01:19:12
426	James	O'NEILL	M35		01:19:53	01:19:28
427	Gary	PRENDERGAST	M		01:19:55	01:18:58
428	Brendan	DALY	M45		01:19:56	01:19:14
429	Bernard	BUGLER	M50	Mallow AC	01:19:57	01:19:11
430	Damien	MURPHY	M35		01:19:57	01:19:33
431	Marie Therese	O'SULLIVAN	F40		01:19:57	01:19:04
432	Kieran	O'BRIEN	M35		01:20:02	01:19:25
433	Sarah	PERROTT	F		01:20:03	01:19:26
434	Caroline	O'SULLIVAN	F45	Mount Hillary AC	01:20:04	01:19:28
435	Shane	TWOMEY	M35		01:20:04	01:18:54
436	Kevin	ROCHE	M		01:20:05	01:19:17
437	Fiona	O'CALLAGHAN	F		01:20:06	01:19:24
438	Richard	MORRISON	M45	St Nicholas AC	01:20:09	01:19:10
439	Helen	ROCHE	F50	Carraig Na Bhfear AC	01:20:10	01:19:25
440	Marek	MAZUR	M55	Weekend Warriors	01:20:12	01:19:44
441	Cathal	KELLEHER	M		01:20:13	01:19:38
442	Ashling	KENNEDY	F	St Finbarrs AC	01:20:17	01:19:50
443	Dara	HORGAN	F45	Mallow AC	01:20:17	01:19:35
444	Michael	NAUGHTON	M50	Wibbly Wobbly Wonders	01:20:20	01:19:26
445	Micheal	REA	M55	Mallow AC	01:20:21	01:19:45
446	Brian	DALY	M35		01:20:24	01:19:38
447	Kieran	RUBY	M40		01:20:25	01:19:41
448	Donal	BROWNE	M40		01:20:25	01:19:52
449	Ronan	MCDONNELL	M35	Grange Fermoy AC	01:20:27	01:20:01
450	John	SEXTON	M50	Churchtown Roadrunners AC	01:20:30	01:19:27
451	Denis	COTTER	M55		01:20:33	01:19:32
452	Daniel	BUCKLEY	M		01:20:38	01:20:17
453	Derek	WINTERS	M40		01:20:39	01:19:57
454	Tom	NYHAN	M50	West Waterford AC	01:20:40	01:20:12
455	Brian	CARROLL	M		01:20:41	01:19:23
456	Olga	O'SULLIVAN	F40	Eagle AC	01:20:43	01:20:08
457	Owen	CARROLL	M40		01:20:45	01:20:20
458	Lisa	GUERIN	F40	Mallow AC	01:20:45	01:20:09
459	Niall	HANLEY	M		01:20:47	01:20:41
460	Paul	O'ROURKE	M40		01:20:48	01:20:15
461	Martina	O'KEEFFE	F45		01:20:51	01:20:04
462	Ian	O'BRIEN	M45	Eagle AC	01:20:55	01:20:25
463	Noreen	O'KEEFFE	F45		01:21:01	01:20:04
464	Cormac	QUILLIGAN	M		01:21:01	01:20:07
465	Adrian	RYDER	PACER	Mallow AC	01:21:01	01:20:27
466	Liam	BUCKLEY	M40		01:21:04	01:20:44
467	Andrzej	CHOMICZ	PACER	Mallow AC	01:21:04	01:20:30
468	John	O'CONNELL	M40		01:21:08	01:19:35

469	Pauline	O'RIORDAN	F50		01:21:10	01:20:17
470	Sean	MORLEY	M		01:21:12	01:19:20
471	Cathy	HARTLEY COLEMAN	F45		01:21:14	01:20:00
472	Stephen	LYNN	M40	Ennis Track AC	01:21:23	01:20:37
473	Pat	BRANSFIELD	M		01:21:23	01:20:22
474	Jackie	O'REGAN	F35	Mount Hillary AC	01:21:24	01:20:33
475	John	HOLLAND	M70	Mallow AC	01:21:29	01:20:57
476	Colette	CROWLEY	F40	Wibbly Wobbly Wonders	01:21:34	01:20:50
477	Mark	BRYAN	M45		01:21:40	01:20:32
478	Leonard	HEALY	M35		01:21:41	01:21:08
479	Eamon	SHANAHAN	M35		01:21:41	01:21:13
480	Michael	VEALE	M50	Aghada RC	01:21:52	01:20:58
481	Charlotte	BUTLER	F		01:22:02	01:21:05
482	Billy	MENTON	M65		01:22:05	01:21:25
483	Emma	MURPHY	F40		01:22:06	01:21:30
484	Daniel	O'CALLAGHAN	M60		01:22:12	01:21:45
485	Richard	O'KEEFFE	M35	Dairygold	01:22:15	01:21:15
486	Gearoid	O'CONNELL	M		01:22:17	01:20:37
487	Andy	O'REGAN	M40		01:22:24	01:21:37
488	Michael	WALL	M55		01:22:25	01:21:39
489	Damien	MADDEN	M45	Clonakilty Road Runners AC	01:22:32	01:21:48
490	Marie	SHEEHAN	F40		01:22:34	01:21:33
491	Fiona	SEXTON GALVIN	F40	Bweeng Trail Blazers	01:22:34	01:21:32
492	Donal	FALLON	M35		01:22:36	01:21:05
493	Conan	O'DONOVAN	M		01:22:38	01:21:36
494	Peter	DINEEN	M45	Grange Fermoy AC	01:22:42	01:21:54
495	Jason	O'DONOGHUE	M40		01:22:46	01:21:49
496	Oliver	RYAN	M45		01:22:47	01:22:01
497	Adrian	O'SULLIVAN	M45	Eagle AC	01:22:47	01:21:46
498	Sean	MCCARTHY	M		01:22:49	01:21:21
499	Ruth	O'DRISCOLL	F45		01:22:52	01:22:10
500	Donncha	MURPHY	M45	Bweeng Trail Blazers	01:22:53	01:21:54
501	Vincent	BUCKLEY	M45	Donoughmore AC	01:22:55	01:22:14
502	Peter	O'BRIEN	M40	Grange Fermoy AC	01:22:55	01:21:53
503	Sharon	HICKEY	F45	Dromahane Road Runners AC	01:23:00	01:22:09
504	Linda	MALONE	F40	Churchtown Roadrunners AC	01:23:05	01:22:10
505	Ed	FITZGERALD	M50		01:23:06	01:22:04
506	John	O'SHEA	M40	Dromahane Road Runners AC	01:23:11	01:22:19
507	Frank	GOSS	M50	St Catherines AC	01:23:16	01:22:33
508	Ed	BATTYE	M	Saturday Road Runners	01:23:17	01:22:20
509	Aidan	O'KELLY	M60	Tralee Tri Club	01:23:18	01:22:47
510	Aidan	GRAHAM	M50	Limerick Country Club AC	01:23:21	01:22:42
511	Tim	CROWLEY	M40		01:23:24	01:22:57
512	Ronan	RYAN	M35		01:23:24	01:23:01
513	Vera	NAGLE	F40	Mallow AC	01:23:27	01:22:49
514	Georgina	CUNNINGHAM	F45	St Catherines AC	01:23:27	01:22:50
515	David	NIXON	M35		01:23:32	01:22:14
516	Pauric	KILCULLEN	M35		01:23:33	01:22:50
517	Ann	LYONS	F40	Blackwater Tri Club	01:23:36	01:23:14
518	Billy	O'BRIEN	M40		01:23:36	01:22:21
519	Maire	MURPHY	F		01:23:37	01:22:59
520	Kathleen	BROWNE	F55		01:23:37	01:23:20
521	Sinead	POWER	F40		01:23:38	01:23:03
522	Alan	SMITH	M50		01:23:48	01:22:59
523	Lillian	TWOMEY	F50		01:23:50	01:23:06
524	Kieran	MCEVOY	M		01:23:52	01:23:04
525	Maurice	O'BRIEN	M40		01:23:53	01:22:55
526	Jason	KELLY	M50	Weekend Warriors	01:23:54	01:22:50
527	Michael	DUNNE	M75		01:23:54	01:23:04
528	David	LYNCH	M55	Eagle AC	01:23:54	01:23:10
529	Maeve	MCGRATH	F35		01:23:55	01:23:01
530	Aisling	DUFF	F40		01:23:55	01:23:01
531	Aidan	BROWNE	M40		01:23:56	01:23:24
532	Angela	DOBINSON	M40	Dairygold	01:23:56	01:23:01
533	John	MCCARTHY	M55	West Limerick AC	01:23:58	01:23:10
534	Richard	FORREST	M50		01:24:07	01:22:36
535	Joe	MURPHY	M40		01:24:08	01:23:01

536	Leonard	DALY	M45		01:24:10	01:23:08
537	Joe	MCCORMACK	M55		01:24:12	01:23:10
538	Paul	EVANS	M45	St Nicholas AC	01:24:13	01:23:13
539	Trina	CROWLEY	F35		01:24:15	01:23:14
540	John	HANRAHAN	M40		01:24:16	01:23:28
541	Seamus	MAGNER	M55	Doneraile AC	01:24:17	01:23:12
542	Karen	O'CALLAGHAN	F45		01:24:18	01:23:23
543	Niamh	ENGLISH	F40	Mallow AC	01:24:19	01:23:43
544	Eleanor	DUGGAN	F50	Aghada RC	01:24:20	01:23:26
545	Jane	POWER	F50	Douglas Meet & Train	01:24:20	01:23:19
546	Nicola	DALY	F45		01:24:22	01:23:25
547	Jim	CROWLEY	M55	Blackwater Tri Club	01:24:33	01:23:44
548	Adrian	O'CONNOR	M40		01:24:34	01:23:30
549	Alan	KIELY	M	Dairygold	01:24:37	01:23:39
550	Pat	HALPIN	M45	Limerick Country Club AC	01:24:37	01:23:47
551	Frederick	BRENNAN	M40		01:24:39	01:23:39
552	James	LYNE	M35	Kanturk Road Runners	01:24:39	01:23:32
553	Anthony	HUSSEY	M40		01:24:46	01:23:42
554	Fionnuala	KEOGH	F50	Dooneen AC	01:24:55	01:24:23
555	Eileen	REEVES	F55	Dooneen AC	01:24:55	01:24:23
556	Kitty	HARRINGTON BUCKLEY	F55	St Finbarrs AC	01:24:56	01:23:59
557	Clodagh	GUERIN	F	Doneraile AC	01:25:00	01:25:00
558	Paul	HEFFERNAN	M50	Bweeng Trail Blazers	01:25:05	01:24:04
559	Tony	O'SULLIVAN	M50	Bweeng Trail Blazers	01:25:06	01:24:06
560	Joanne	DUNPHY	F40		01:25:09	01:24:28
561	Deirdre	O'MALLEY	F45		01:25:10	01:24:07
562	Caroline	O'SULLIVAN	M35		01:25:18	01:24:40
563	Michael	O'DONOVAN	M55		01:25:22	01:24:14
564	Edel	BUCKLEY	F35		01:25:24	01:24:31
565	Declan	GEARY	M50	Dairygold	01:25:25	01:24:26
566	Dawn	WALSH	F40	Bweeng Trail Blazers	01:25:29	01:24:05
567	Anthony	WALSH	M60	Cork BHAA	01:25:33	01:24:37
568	Thomas	ENRIGHT	M45		01:25:35	01:24:58
569	Margaret	CRONIN	F40	Bweeng Trail Blazers	01:25:37	01:24:32
570	Les	GALVIN	M60		01:25:41	01:24:20
571	Billy	WALSH	M60		01:25:41	01:24:20
572	Gary	O'DONOVAN	M45	Bweeng Trail Blazers	01:25:41	01:24:40
573	Morrison	DEIRDRE	F35	Blackwater Tri Club	01:25:42	01:25:00
574	Debbie	BUCKLEY	F50		01:25:46	01:24:35
575	Julie	RIORDAN	F55		01:25:46	01:24:36
576	Alan	CAMBRIDGE	M40		01:25:48	01:25:16
577	Karen	MCHUGH	F45		01:25:48	01:24:23
578	Pamella	LOPES	F		01:25:49	01:24:44
579	Sarah	BLACKBURN	F35	BTC	01:25:50	01:25:06
580	George	RICKARD	M45		01:25:52	01:24:42
581	Helen	HEALY	F50		01:25:52	01:24:39
582	Patsy	RYAN	M55		01:25:55	01:24:42
583	Pat	TYNAN	M50	Wibbly Wobbly Wonders	01:26:00	01:25:07
584	Des	WHITE	M55	Grange Fermoy AC	01:26:03	01:25:13
585	Anna	HOGAN	PACER	Mallow AC	01:26:10	01:25:17
586	Eamonn	HORGAN	M		01:26:16	01:24:40
587	Geraldine	KENNY	F45		01:26:19	01:25:38
588	Justin	NORTON	M50		01:26:24	01:25:20
589	Catherine	LINEHAN	F60	Watergrasshill AC	01:26:26	01:25:26
590	Francis	MURRAY	M45		01:26:27	01:25:05
591	Rick	HOUGHTON	M50	North Cork AC	01:26:28	01:25:01
592	Kenneth	POWER	M40	Grange Fermoy AC	01:26:32	01:25:28
593	Conor	MANTON	M		01:26:33	01:25:39
594	Ken	STEELE	M55	Blackwater Tri Club	01:26:35	01:25:24
595	Chris	TROY	M40	Raheny Shamrock AC	01:26:37	01:26:37
596	Catherine	HANLON	F45	Churchtown Roadrunners AC	01:26:38	01:25:43
597	Lijana	KURSTAKIENE	F40	Mallow AC	01:26:39	01:26:01
598	Elizabeth	LYNCH	F45		01:26:43	01:25:29
599	Billy	GRADY	M55		01:26:46	01:25:33
600	Sheila	MAGORRIAN	F50		01:26:46	01:25:39
601	Michael	O'REGAN	M40		01:26:49	01:25:49
602	Liam	SHEEHAN	M		01:26:54	01:25:12

603	Annette	GOLDEN	F50		01:26:58	01:26:16
604	Colette	RYAN	F55	Douglas Meet & Train	01:26:59	01:25:57
605	Jason	O'NEILL	M40		01:27:02	01:25:53
606	Micheal	CROWLEY	M40		01:27:04	01:26:19
607	Mark	WALSH	M		01:27:10	01:25:57
608	John	SHEEHY	M35		01:27:12	01:26:00
609	Siobhain	STEELE	F55	Blackwater Tri Club	01:27:16	01:26:00
610	Kevin	DINAN	M35		01:27:18	01:25:55
611	Conor	HOURIGAN	M45		01:27:18	01:26:14
612	Aidan	BARAGRY	M35		01:27:23	01:26:27
613	William	SHEEHAN	M55		01:27:29	01:26:28
614	Kevin	QUAID	M45	Dromahane Road Runners AC	01:27:34	01:26:21
615	Mullane	TOMMY	M55	Kanturk Road Runners	01:27:42	01:26:27
616	Edel	KERRISK	F40		01:27:44	01:26:30
617	Daniel James	COTTER	M		01:27:45	01:27:44
618	Marie	SHEEHAN	F40	Bweeng Trail Blazers	01:27:47	01:26:28
619	Eilis	FOX	F50	Donoughmore AC	01:27:48	01:27:34
620	Katie	PRENDIVILLE	F35		01:27:49	01:26:42
621	Joya	BURNS	F45	Kilkenny City Harriers	01:27:51	01:26:06
622	Angela	HARRINGTON	F55	Beara AC	01:27:55	01:26:59
623	Brian	MULDOON	M55	Wibbly Wobbly Wonders	01:27:56	01:26:43
624	Patricia	CASEY	F45	Mallow AC	01:27:58	01:26:58
625	Ignacio	SITJAR	M40		01:27:59	01:26:54
626	Sinead	KENNEDY	F45		01:28:01	01:26:36
627	Sheila	NEENAN	F35		01:28:12	01:26:47
628	Aileen	KENNEDY	F45		01:28:18	01:26:54
629	Brian	FITZGERALD	M35		01:28:24	01:26:58
630	Pam	KENNEDY	F40	Grange Fermoy AC	01:28:27	01:27:10
631	Anne	DENNEHY	F45	Bweeng Trail Blazers	01:28:29	01:27:26
632	Donnacha	DENNEHY	M45	Rising Sun AC	01:28:29	01:27:26
633	Noel	DINAN	M40		01:28:29	01:27:06
634	Roy	QUINN	M35		01:28:31	01:26:40
635	Kieran	O'CURRY	M55		01:28:43	01:28:12
636	Cheryl	CARMODY	F35	Gneeveguilla AC	01:28:49	01:28:10
637	Orlaith	WALSH	F35		01:28:49	01:27:18
638	Mick	LINEHAN	M40		01:28:50	01:28:00
639	Jerry	O'REILLY	M45		01:28:53	01:27:42
640	Elaine	MOORE	F40		01:28:53	01:27:42
641	Mark	DAVIS	M40		01:28:55	01:27:51
642	Kieran	DONLON	M45		01:28:56	01:27:29
643	Shane	GRIFFIN	M35		01:29:01	01:27:42
644	Alan	HURSON	M40	Watergrasshill AC	01:29:03	01:27:30
645	Karen	POWER	F35		01:29:05	01:28:06
646	Brian	MURPHY	M40	Churchtown Roadrunners AC	01:29:24	01:27:55
647	Kieran	DALY	M50		01:29:28	01:28:13
648	Iosla	BREATHNACH	F40	Kerry Crusders	01:29:29	01:28:13
649	Fergal	O'FARRELL	M40		01:29:31	01:28:17
650	Shane	QUILLIGAN	M		01:29:32	01:28:38
651	John	ALLEN	M		01:29:32	01:28:38
652	Marie	FEENEY	F		01:29:33	01:28:11
653	Donal	VAUGHAN	M55		01:29:35	01:28:13
654	Helene	MCSWEENEY	F55	Cork Track Club	01:29:40	01:28:19
655	Ian	WALLACE	M		01:29:42	01:28:37
656	Colm	SHEPPARD	M45		01:29:42	01:28:05
657	Rory	MCCARTHY	M40	Togher AC	01:29:42	01:28:05
658	Thomas	BYRNE	M45		01:29:43	01:28:51
659	Anthony	KIELY	M40	Mallow Tri Club	01:29:43	01:28:44
660	Hannah	NI FHAOLAIN	F		01:29:47	01:28:37
661	Seamus	O'MAHONY	M45		01:29:48	01:28:53
662	Niall	LOONEY	M50	Mount Hillary AC	01:29:55	01:28:32
663	Boris	DE SWART	M45		01:29:58	01:28:21
664	Marcin	SPORNY	M40		01:29:59	01:28:34
665	Ross	MCAULIFFE	M40		01:30:01	01:28:45
666	Paula	MOLUMPY	F40		01:30:04	01:28:47
667	Bijaya	SHRESTHA	M		01:30:06	01:28:40
668	Anita	O'DWYER	F35		01:30:10	01:29:09
669	Marie	LYONS	F40		01:30:16	01:28:52

670	Agnes	O'DONOGHUE	F45		01:30:19	01:29:00
671	Martina	MOLONEY	F40	Churchtown Roadrunners AC	01:30:22	01:28:55
672	Brendan	CRONIN	M40	Ballintotis Fit4Life	01:30:22	01:28:52
673	Danny	HICKEY	M45		01:30:24	01:29:05
674	Diarmuid	LANE	M45	Bweeng Trail Blazers	01:30:25	01:29:00
675	Claire	O'CONNELL	F45	Watergrasshill AC	01:30:25	01:28:52
676	Mary Anne	MURPHY	F	Mount Hillary AC	01:30:26	01:28:56
677	Corina	SHEEDY	F40	West Limerick AC	01:30:26	01:29:10
678	Michael	PRATT	M60	Grange Fermoy AC	01:30:29	01:30:29
679	Tim	MCCARTHY	M40		01:30:31	01:29:12
680	Isabel	CAMBIE	F55	Mallow AC	01:30:34	01:29:54
681	Paul	MORRISSEY	M35		01:30:35	01:29:26
682	Boudewijn	DE SWART	M40		01:30:36	01:28:59
683	Susan	LYNE	F45		01:30:36	01:28:52
684	Sabrina	HICKEY	F40	Dairygold	01:30:41	01:29:37
685	Orla	DESMOND	F40		01:30:41	01:29:35
686	Claire	AHERN	F40		01:30:43	01:29:30
687	Michelle	KELLEHER	M	Dairygold	01:30:43	01:29:39
688	Gerard	BURNS	M55		01:30:46	01:29:16
689	Colette	QUIGLEY	F40		01:30:46	01:29:01
690	Helen	O'DONOVAN	F50		01:30:46	01:29:39
691	Niall	CRONIN	M45		01:30:46	01:30:27
692	Kay	BREEN	F40		01:30:47	01:29:12
693	Orla	FITZGERALD	F35	Waterford AC	01:30:47	01:29:33
694	Eamon	BREEN	M40		01:30:48	01:29:14
695	Marian	CAHILL	F40		01:30:49	01:29:43
696	Marian	DENNEHY	F		01:30:49	01:29:07
697	Sinead	TWOMEY	F35	Macroom Parkrun	01:30:52	01:29:47
698	Lynda	BRADLEY	F45		01:30:55	01:29:23
699	Susan	LOONEY	F45	Mount Hillary AC	01:31:05	01:29:42
700	Paul	LUCEY	M50		01:31:08	01:29:55
701	Val	KELLY	F45		01:31:09	01:29:38
702	Jocelynn	COUGHLAN	F45		01:31:13	01:29:37
703	Niamh	BARRETT	F55	Mallow AC	01:31:15	01:30:32
704	Eileen	O'SULLIVAN	F50		01:31:17	01:29:52
705	Maire	O'CONNELL	F		01:31:19	01:30:14
706	Michelle	MIDDLETON	F50	North Cork AC	01:31:20	01:30:00
707	Aidan	TWOMEY	M40	Shandrum AC	01:31:20	01:30:01
708	Claire	COSGRAVE	F35		01:31:21	01:29:57
709	Cathy	BOWE	F40	Watergrasshill AC	01:31:21	01:29:47
710	Eamon	HALLY	M35		01:31:26	01:30:07
711	Sinead	RENTON SEXTON	PACER	Mallow AC	01:31:27	01:30:14
712	Eavan	LONG	PACER	Mallow AC	01:31:27	01:30:15
713	Martina	MURPHY	F40	Donoughmore AC	01:31:29	01:30:21
714	Bernard	KIERNAN	M40		01:31:37	01:30:09
715	Laura	MURPHY	F	Watergrasshill AC	01:31:38	01:30:18
716	Brendan	HOGAN	M35		01:31:39	01:30:12
717	Liam	DALY	M40		01:31:39	01:30:10
718	Nicola	KEELER	F40	Aghada RC	01:31:42	01:30:12
719	Siobhan	O'SULLIVAN	F50	Wibbly Wobbly Wonders	01:31:44	01:30:33
720	Jillian	MALLON	F35		01:31:51	01:30:21
721	Teresa	SEXTON KELLEHER	F40		01:31:55	01:30:33
722	Adele	KIELY	F35		01:32:08	01:30:19
723	Clodagh	BENNETT	F40		01:32:12	01:31:05
724	Rachel	FLAVIN	F35		01:32:14	01:30:44
725	Louise	CAREY	F		01:32:23	01:31:08
726	Liam	MORRISSEY	M		01:32:23	01:30:41
727	Niamh	MCCARTHY	F		01:32:26	01:31:01
728	John	O'CONNELL	M35		01:32:26	01:31:02
729	Proinnsias	O'KEEFFE	M60		01:32:29	01:30:48
730	Gerard	HANNON	M		01:32:29	01:31:14
731	Sean	KELLY	M35		01:32:32	01:31:45
732	Emma	O'SHEA	F35		01:32:34	01:31:27
733	Jessie	DUGGAN	F40	Grange Fermoy AC	01:32:34	01:31:11
734	Fiona	MCGUINNESS	F40		01:32:35	01:31:12
735	Marie	LYONS	F45		01:32:35	01:30:56
736	Katie	MURPHY	F35	Churchtown Roadrunners AC	01:32:37	01:31:09

737	David	O'RIORDAN	M40	Leevale AC	01:32:44	01:32:43
738	Yvonne	WIDGER	F50		01:32:44	01:32:33
739	Jane	PRENDERGAST	F		01:32:50	01:31:28
740	Robert	CAHILL	M35	Apple RC	01:32:55	01:32:03
741	Orla	FLEMING	F40		01:32:58	01:31:37
742	Paul	ENNIS	M40		01:33:00	01:31:52
743	Grace	COURTNEY	F		01:33:02	01:31:13
744	Kathryn	COSTELLO AHERNE	F40	Mallow AC	01:33:02	01:31:36
745	Colin	NAGLE	M		01:33:09	01:31:54
746	Bill	MCAULIFFE	M40	Blackwater Tri Club	01:33:15	01:31:48
747	Niall	O'RIORDAN	M40	Blackwater Tri Club	01:33:15	01:31:48
748	Una	REIDY	F45		01:33:16	01:31:48
749	Annette	FINLAY	F60		01:33:28	01:32:28
750	Jim	FURLONG	M60		01:33:33	01:32:04
751	Robert	KENT	M35		01:33:39	01:32:10
752	Darren	CURTIN	M45		01:33:42	01:32:48
753	Michael	CREAN	M35	Dromahane Road Runners AC	01:33:52	01:33:09
754	Darren	CLIFFORD	M		01:33:55	01:32:37
755	Eileen	COLLINS	M45		01:33:57	01:32:41
756	Darren	BICKERSTAFFE	M40	Donoughmore AC	01:34:05	01:32:58
757	Helen	O'KEEFFE	F45	Wibbly Wobbly Wonders	01:34:08	01:32:58
758	Gillian	COLEMAN	F45		01:34:11	01:32:39
759	Jennifer	CASEY	F35	Donoughmore AC	01:34:19	01:33:11
760	Betty	O'RIORDAN	F65		01:34:19	01:32:39
761	Catriona	O'LEARY	F40	Bandon AC	01:34:24	01:32:38
762	John	O'CALLAGHAN	M50	Togher AC	01:34:33	01:32:49
763	Helen	SCANNELL	F40	Bridevale AC	01:34:35	01:33:27
764	Sonya	RYAN	F35		01:34:37	01:33:20
765	Claire	BROSNAN	F40	Doneraile AC	01:34:38	01:33:25
766	Colette	LOONEY	F45		01:34:38	01:33:24
767	Gordon	MURPHY	M45		01:34:44	01:34:05
768	John	HANRAHAN	M40		01:34:45	01:33:10
769	Dearbhail	KEARNS	F	Mount Hillary AC	01:34:45	01:33:10
770	Marie	TWOMEY	F45	Mount Hillary AC	01:34:45	01:33:11
771	Una	KINGSTON	F45		01:34:51	01:33:28
772	Olivia	MURPHY	F45		01:34:51	01:33:28
773	Mairi	HENDERSON	F50		01:34:59	01:33:19
774	Maria	NEVILLE	F50		01:34:59	01:33:54
775	Nora	MURPHY	F55	Gneeveguilla AC	01:35:00	01:33:39
776	Bridie	WALSH	F55	North Cork AC	01:35:09	01:33:44
777	Pat	HYNES	M45	Buttevant RC	01:35:11	01:34:05
778	Mark	GALLAGHER	M45	Beara AC	01:35:14	01:34:22
779	Natasha	CROWLEY	F35		01:35:16	01:34:02
780	Conor	WALSH	M40		01:35:19	01:34:29
781	Joan	RYAN	F45		01:35:19	01:34:12
782	Geraldine	MANNING	F50		01:35:20	01:34:13
783	Conni	VAUGHAN	F		01:35:23	01:33:37
784	Mary	O'HALLORAN	F50	Togher AC	01:35:25	01:33:43
785	Jacqueline	HICKEY	F35	Mount Hillary AC	01:35:45	01:34:12
786	Lisa	MISKELLA	F		01:35:54	01:35:04
787	Mary	COLLIER	F55	Mallow Tri Club	01:35:57	01:34:41
788	Margaret	MURPHY	F50	Togher AC	01:36:02	01:34:19
789	Michael	CARROLL	M		01:36:04	01:34:46
790	Eddie	LEHANE	M50		01:36:16	01:34:29
791	Rosemary	CONROY	F40		01:36:16	01:34:31
792	Marie	O'KEEFFE	F40		01:36:19	01:35:51
793	Dan	METZGER	M45		01:36:21	01:35:23
794	Micheal	GREEN	M		01:36:27	01:35:34
795	Paul	NAGLE	M		01:36:32	01:35:16
796	Aine	COTTER	F		01:36:35	01:35:03
797	David	TWOMEY	M45	Mount Hillary AC	01:36:40	01:35:09
798	Fiona	PATTERSON	F45	Bweeng Trail Blazers	01:36:40	01:35:13
799	Andrea	LYNE	F40	Kanturk Road Runners	01:36:42	01:35:24
800	Helen	HEGARTY	F45		01:36:46	01:35:12
801	Denis	CREEDON	M45	Dromahane AC	01:37:03	01:35:27
802	Eamon	O'SULLIVAN	M55	Dromahane Road Runners AC	01:37:03	01:35:29
803	Anne Marie	O'DONOVAN	F45	Fota Island RC	01:37:06	01:35:36

804	Sandra	BUSTEED	F45	Tullamore Harriers AC	01:37:07	01:35:27
805	Dermot	HEVER	M45		01:37:08	01:35:41
806	Ciara	WALSH	F35		01:37:10	01:35:43
807	Norma	HERLIHY	F40	Dromahane AC	01:37:19	01:35:43
808	Christopher	O'DRISCOLL	M70		01:37:20	01:36:10
809	Tim	O'SULLIVAN	M55	Cork Tri Club	01:37:20	01:35:43
810	Dawn	MURPHY	F40	Dromahane Road Runners AC	01:37:21	01:35:43
811	Michelle	O'REGAN	F35	Mount Hillary AC	01:37:25	01:35:51
812	Catherine	LYNCH	F55		01:37:25	01:35:57
813	Cecelia	CREMIN	F50		01:37:27	01:35:50
814	Patrick	O'LEARY	F35	Shandrum AC	01:37:36	01:36:16
815	Clíodhna	UI CHONGHAILE	F	Donoughmore AC	01:37:37	01:36:07
816	Yvonne	GOUGH	F50	Togher AC	01:37:41	01:35:57
817	Niamh	MURPHY	F		01:37:44	01:36:17
818	Ian	LYNE	M		01:37:48	01:36:36
819	Elke	BERGIN	F		01:37:52	01:37:08
820	Frankie	BYRNE	F60	Mallow Tri Club	01:37:53	01:36:24
821	Trisha	MCGOURTY	F40		01:37:54	01:36:27
822	Conor	KELLY	M35	Dromahane Road Runners AC	01:37:59	01:36:21
823	Catherine	O'CALLAGHAN	F45	Dromahane Road Runners AC	01:38:13	01:36:36
824	Shane	KERRISK	M40		01:38:24	01:36:57
825	David	BURKE	M50		01:38:34	01:37:26
826	Denise	CRONIN	M50		01:38:39	01:38:19
827	Brid	IRWIN	F35		01:38:40	01:37:19
828	Damien	ELLIFFE	M40		01:38:43	01:37:15
829	Deirdre	SHEAHAN	F55		01:38:46	01:37:11
830	Olivia	HOLMES	F45		01:38:56	01:37:30
831	Siobhan	HEFFERNAN	F45	Bweeng Trail Blazers	01:39:14	01:37:30
832	Susan	BUCKLEY	F		01:39:29	01:37:59
833	Aileen	WOOD	F45		01:39:41	01:38:06
834	Kay	QUIRKE	F50		01:39:44	01:38:10
835	Méabh	KEOGH	FJ	University of Limerick	01:39:44	01:39:00
836	Jerry	O'CONNELL	M60	Mallow AC	01:39:44	01:38:25
837	Yvonne	TWOMEY	F55	Mallow AC	01:39:45	01:39:04
838	Karen	BUCKLEY	F40	Mallow AC	01:39:46	01:38:26
839	Margaret	LUCEY	F65	Mallow AC	01:39:46	01:38:27
840	Ian	LUCEY	M50		01:39:47	01:38:27
841	Christine	LYNCH	F45		01:40:06	01:38:38
842	Sarah	TWOMEY	F	Dromahane Road Runners AC	01:40:09	01:38:30
843	Patrick	ROCHE	M65		01:40:11	01:38:24
844	Dominic	GALVIN	M55		01:40:12	01:38:36
845	Sinead	ELLIFFE	F40	Bweeng Trail Blazers	01:40:15	01:38:34
846	Sonia	ORTIZ GARCIA	F45		01:40:20	01:38:57
847	Maeve	GILMARTIN	F		01:40:21	01:39:38
848	Margaret	OWENS	F50		01:40:23	01:39:17
849	Norah	SEXTON	F55		01:40:30	01:38:48
850	Emer	LEE	F55		01:40:31	01:38:58
851	Michael	COAKLEY	M55	West Waterford AC	01:40:35	01:39:07
852	Elaine	MATHIAS	F45		01:40:37	01:38:54
853	Tommy	O'DWYER	M55		01:40:37	01:38:56
854	Caroline	DUNPHY	F35	Watergrasshill AC	01:40:44	01:39:25
855	Deirdre	COLLINS	F45	Bweeng Trail Blazers	01:40:49	01:39:15
856	Rachelle	OWENS	F		01:40:51	01:39:32
857	Mike	VAUGHAN	M		01:40:52	01:39:28
858	David	VAUGHAN	M		01:40:53	01:39:30
859	Tara	MAGUIRE	F50		01:40:53	01:39:46
860	Ruairi	O'HAGAN	M35	Watergrasshill AC	01:40:53	01:39:35
861	Conor	VAUGHAN	M		01:40:53	01:39:30
862	Aileen	FIELD	F40		01:40:57	01:39:47
863	Deirdre	FIELD O'SULLIVAN	F45		01:40:57	01:39:49
864	Ger Jnr	O'CONNELL	M		01:41:03	01:40:05
865	Noreen	BICKERSTAFFE	F35	Donoughmore AC	01:41:09	01:40:04
866	Don	BUCKLEY	M50		01:41:10	01:39:34
867	Amanda	COONEY	F60	Midleton AC	01:41:10	01:39:28
868	Maura	O'KEEFFE	F55		01:41:15	01:39:40
869	Sean	TWOMEY	M45		01:41:23	01:40:08
870	Maureen	CREMIN	F45	Donoughmore AC	01:41:28	01:40:20

871	Caroline	CASHMAN	F45	Midleton AC	01:41:30	01:40:06
872	Neville	SWEETNAM	M35		01:41:34	01:39:46
873	Helen	LOTTY	F50		01:41:40	01:40:00
874	Joe	LONG	M45		01:41:51	01:40:08
875	Mark	KELLIHER	M40		01:42:05	01:40:49
876	Thomas	O'NEILL	M65	Ballymore Cobh AC	01:42:05	01:40:49
877	Deirdre	MURPHY	F45		01:42:14	01:40:35
878	Sigita	NORUTIENE	F40	Doneraile AC	01:42:19	01:41:03
879	Mary	VOWLES	F50	Mallow AC	01:42:21	01:41:03
880	Maire	MURPHY	F	Mount Hillary AC	01:42:37	01:41:06
881	Deirdre	FALLON	F35	Mount Hillary AC	01:42:38	01:41:08
882	Fergal	CLIFFORD	M45		01:42:42	01:41:18
883	Jocelynn	COUGHLAN	F45	HSE	01:42:54	01:41:17
884	Beck	RYAN	F45		01:42:56	01:41:17
885	Emma	CARR	F	Limerick Country Club AC	01:42:57	01:41:31
886	Enda	MOORE	M	Limerick Country Club AC	01:42:57	01:41:33
887	Donal	GOLDEN	M45	Weekend Warriors	01:43:06	01:41:45
888	David	WILLIAMS	M40		01:43:10	01:41:35
889	Patricia	DOWNEY	F55		01:43:14	01:41:23
890	Marie	MCCARTHY	F45		01:43:19	01:41:37
891	Fionnuala	KELLEHER	F40		01:43:21	01:41:38
892	Sinéad	O'CONNOR KELLY	F	Dromahane Road Runners AC	01:43:38	01:41:58
893	Niall	WOODS	M	Tracton AC	01:43:43	01:42:16
894	Kevin	O'CONNOR	M50	Tracton AC	01:43:44	01:42:16
895	Tony	DUNNE	M80	Grange Fermoy AC	01:43:48	01:42:09
896	Donal	HOWARD	M60	St Catherines AC	01:43:58	01:42:27
897	Jean	MCDONNELL	F45		01:43:58	01:42:37
898	Rosarie	HARRINGTON	F55		01:44:07	01:42:49
899	Clodagh	DALY	F40	Mount Hillary AC	01:44:10	01:42:45
900	Brid	O'LEARY	F50	Bweeng Trail Blazers	01:44:17	01:42:35
901	Rachel	CRONIN	F	Blackwater Tri Club	01:44:23	01:43:10
902	Michael	FITZGERALD	M		01:44:23	01:43:03
903	Tracy	ROCHE	F		01:44:32	01:42:56
904	Karen	O'DRISCOLL	F50		01:44:43	01:43:07
905	Mary	MULCAHY	F55	St Finbarrs AC	01:44:45	01:43:07
906	Norma	HARRINGTON	F65	Galtee Runners	01:44:52	01:43:36
907	Linda	O'LEARY	F		01:44:54	01:43:14
908	John	MCSWEENEY	M50		01:45:06	01:43:50
909	Amanda	FORDE	F45		01:45:26	01:43:40
910	Alex	CREGAN	M		01:45:26	01:43:41
911	Tom	O'NEILL	M		01:45:30	01:44:18
912	Micheal	O'FLAHERTY	M40		01:45:38	01:43:51
913	Fiona	SHINE	F55	Wibbly Wobbly Wonders	01:45:58	01:44:47
914	Jason	SHORTT	M45		01:46:39	01:45:24
915	Angela	O'MAHONY	F50	Grange Fermoy AC	01:46:41	01:45:03
916	Niamh	HUMPHREYS	F45	West Limerick AC	01:47:01	01:46:20
917	Maria	WHITE	F45		01:47:02	01:45:33
918	Hubert	CROWE	M45		01:47:04	01:45:18
919	Clare	FORDE	F40	Fota Island RC	01:47:05	01:45:35
920	Noreen	THATCHER	F35	Aghada RC	01:47:05	01:45:27
921	Hannedu	VAN DER MERWE	F45		01:47:16	01:46:07
922	Rabie	VAN DER MERWE	M45		01:47:16	01:46:06
923	Nicola	MCCARTHY	F	Limerick Country Club AC	01:47:23	01:45:59
924	Caroline	MURPHY	F	Dromahane Road Runners AC	01:47:33	01:45:52
925	Graham	KELLY	M40		01:47:36	01:45:51
926	Helena	MAWE	F50	Thurles Crokes AC	01:47:44	01:46:26
927	Sarah	BERGIN	F40		01:47:53	01:46:27
928	Katie	MCCARTHY	F40	Mallow Tri Club	01:48:03	01:46:41
929	Jenny	O'REGAN	F40	Mount Hillary AC	01:48:03	01:46:29
930	Nicole	O'DONOVAN	F45	Bweeng Trail Blazers	01:48:05	01:46:22
931	Cecilia	O'CONNELL	F40	Bweeng Trail Blazers	01:48:05	01:46:22
932	Michelle	GEANEY	F40	Bweeng Trail Blazers	01:48:58	01:47:24
933	Niamh	FLEMING	F50	Blackwater Tri Club	01:49:38	01:48:26
934	Noreen	O'RAHILLY	F45		01:49:41	01:48:18
935	Marina	SEYMOUR	F45	Grange AC	01:49:43	01:47:52
936	Edith	BHOKANI	F35		01:50:09	01:48:53
937	Annemarie	SHEEHAN	F50		01:50:46	01:49:08

938	Anna	O'BRIEN	F50		01:52:17	01:50:42
939	Carol	MARICLE	F40		01:52:18	01:50:30
940					01:52:29	01:50:47
941	Norann	BREEN	F		01:53:25	01:51:40
942	Breeda	MARNANE	F55		01:54:48	01:54:02
943	Carolann	KEENEHAN	F40		01:55:25	01:53:48
944	Mary	MURPHY	F55	Bweeng Trail Blazers	01:55:38	01:53:57
945	Caroline	FAHERTY	F45	Wibbly Wobbly Wonders	01:55:50	01:54:03
946	Lisa	O'MAHONY	F45		01:55:53	01:54:05
947	Anne	SHEEHY	F65		01:55:59	01:54:27
948	Denis	CONDON	M65		01:56:06	01:54:33
949	Carol-Anne	SHEEHY	F45	Grange Fermoy AC	01:56:35	01:54:43
950	Ellie	SINGLETON	F45	Grange Fermoy AC	01:56:35	01:54:45
951	Nicola	HAYES	F		01:56:39	01:54:54
952	Fiona	O'MAHONY	F40		01:56:40	01:55:01
953	Paul	POWER	M55		01:56:40	01:55:34
954	Nelius	O'LEARY	M75	Begooly AC	01:58:11	01:56:20
955	Mary	O'DONNELL	F40	Cahir Meet & Train	01:59:03	01:57:31
956	Edwina	O'DRISCOLL	F40		02:00:37	02:00:37
957	Pauline	O'CONNOR	F40	Grange Fermoy AC	02:03:20	02:01:29
958	Noreen	KIELY	F45		02:04:33	02:02:52
959	Lijoy	DIVAKARAN	M		02:10:23	02:09:27
960	Tracy	BOHAN	F45	Cherry Orchard RC	02:11:33	02:09:48
961	Pat	MURPHY	M55	Bweeng Trail Blazers	02:14:37	02:13:33
962	Sinead	POWER	F50		02:27:25	02:26:12